Montgomery County Memorial 1B

## RO's Knaus cards stellar week

Charm Carpenter The Red Oak Express

The Red Oak girls golfers traveled to Shenandoah to compete in the triangular with Harlan and Shenandoah, coming home just one point shy of second place.
Girls team scoring: 1 - Harlan 209; 2-Shenandoah 219; 3- Red Oak 220.
According to Red Oak head girls coach Patty Henke, Emily Sebeniecher totaled a personal best 54.
Brynn Knaus earned medalist honors on the night for the Tigers, carding 49, and Shenandoah's
Hannah Stearns earned runnerHannah Stearns earned runner-up honors with 51 .
Other RO girls results: Sebeniecher 54; Addey Lydon 57 ; Elison Johnson 60 ; Nellie Blaine 60 ; Steph Medina 61 . The Red Oak boys dropped the meet with the Mustangs, 174-196.

The weather was very favorable for spring golf in Iowa, Partly cloudy with temps in the low 60s which is great for this time of year," Red Oak head boys golf coach Bob Boeye said. "Unfortunately for the Tigers, too many penalties


Red Oak's Brynn Knaus (front) with her third medal of the week. Back row, from left: Steph Medina, Ellison Johnson, Nellie Blaine, Addey Lydon, and Emily Sebeniecher. (Patty Henke)
and putts led to a non-productive day. With only
two weeks left in the season, its time to make a two weeks left in the season, its time to make a
push towards conference and the Class 2A secpush to
Shenandoah golfers earned medalist and run-ner-up honors: Jade Spangler 37, and Logan Ro boys: Tyler Beeson 48; Sam Fields 49; Cyrus Mensen 49; Hunter Jarrett 50 .
Red Oak boys hosted Clarinda on Tuesday, April 25, and the girls traveled to Clarinda, both teams falling to the conference foes.

Red Oak boys dropped the contest 195-169.
"Clarinda came in in good form Tigers continued to have some form, and the Tigers continued to have some problems with
penalties," Boeye said. "We will continue to work penalties," Boeye said. "We will continue to work
on that as we head into the final weeks. With only on that as we head into the final weeks. With only
four players on the team now, everyone has to use four players on the team now, everyone has to
their score; no days off. Hopefully next year we can get more boys involved in representing our school in golf. I hope they realize that most will play this game for the rest of their lives."
Clarinda boys earned medalist and runner-up honors as Caden Butt and Kort Neal carded 41 and 42 , respectively.
RO scores: Fields
${ }_{53}$ RO scores: Fields 46; Mensen 46; Jarrett 50; Beeson
Tiger girls fell 218-192, but Knaus finished as runner up, carding a 46. Medina 65 ; Blaine 70 .

## Atlantic

Red Oak boys finished their busy week with a triangular meet at Atlantic on Thursday, April 27. Atlantic won the meet, with a score of 155 , while Red Oak and Shenandoah each finished with 193 for a team score.
RO boys scores: Beeson 45; Mensen 48; Jarrett 49; Fields 51 .
The Tigers enter into their final week with a dual meet at home on Monday, May 1, followed
by a meet on Tuesday, May 2, and the Hawkeye by a meet on Tuesday, May 2, and the Hawkeye
10 Conference meet on Thursday, May 4 . "We are looking forward to a strong finish to


Red Oak junior Cyrus Mensen tees off in the meet with Clarinda on Tuesday, April 25. (Bob Boeye)
the season," Boeye said.
Fox Run
Red Oak girls competed at Fox Run in a quad with Atlantic, Lewis Central, and Shenandoah. Atlantic won with 189 while Shenandoah and Red Oak finished with 203 each, and Lewis Central 217. The Red Oak team lost to Shenandoah in the Knaus finished as second place.
Knaus finished as runner-up with a 46. This is medal honors.
Atlantic's Mc
Other RO girls scores: Lydon 51; Johnson 51 Sebeniecher 55; Blaine 63; Medina 64 .

## Tiger soccer falls on road

Charm Carpenter
The Red Oak Express
The Red Oak JV boys soccer team traveled to Glenwood on Friday, April 28, to compete in their third game of the season, as the tournament for the previous eekend was canceled due to weather
The Tigers fell 9-0 in a game where well, but it didn't show on the scoreboard. "We struggled defensively with a few unlucky bounc RED OAK SOCCER, Page 6B Right: Red Oak soccer boys (in black uniforms) play Albert player Kayden Riibe (left) and Heath Jackson (right) close in on the St. Albert opponent to get the ball away and protect the goal area. (Tess Nelson/The Red Oak Express)


## Red Oak boys earn 5 golds at home meet

Charm Carpenter

The Red Oak Express
The Red Oak Tigers hosted a six-field boys meet on Friday, April 28, finishing third at home in both varsity and JV.
Varsity team scoring: 1-Atlantic 193; 2-Glenwood 133; 3-Red Oak 101;
43; 6 - Shenandoah 10
JV team scoring: 1-Atlantic 162; 2-Glenwood 104
3-Red Oak 45; 4- Tri-Center 41; 5-Shenandoah 12. RO varsity: 100m: 1 - Brayden Sifford 11.43; 3 Landon Couse 11.83. 200m: 1 - Jack Kling 22.74; 3 - Aiden Bruce 23.58. 400m: 1-Kling 54.02. 800m: 6-Bryton Bergren 2:27.18. 1600m: 4- Bryce Williams 6:08.84. 3200m: 4 - Williams 12:52.25. $4 \times 20001$ - Cale Hall, Bruce,
Sifford, Riley Fouts 1:36.96. Sprint medley: 1 - Couse, R sifiord, Riey Fouts 1.31 .36 . Sprint medey. 1 - Couse, E ,
Fouts, Sifford, Kling 1:38.30. Distance medley: 4 - Hall, Kayden Bozwell, Anderson Ruhl, Bergren 4:19.73. High jump: 3-Cyrus Mensen 5-8; 5- Bergren 5-6. Long jump: 2- Bruce 19-04.25; 3- Hall 18-04.75. Shot put: 7- Eli Vukonich 35-03.5; 10- Jacob Patterson 28. Discus: 4 Caleb Ransom 117-06; 8-Vukonich 90.
Torres 13.03. 200m: 6- Dayton Gusman 27.59 - $\mathrm{B0}$. m Torres 13.03. 200m: 6- Dayton Gusman 27.49. 800m: 4- Jacob Brower 2:41.01; 5- Williams 2:44.99. 4X200: medley: 3 - Bozwell, E. Fouts, Torres, Ruhl $1: 51.84$. Shot put: 5- Caleb Ransom 31-06.5. Discus: 3- Patterson 92-08.
"I am very happy with how we are running heading into the conference meet and state qualify coach Sueann French said

Both track teams began the week in Glenwood where both teams brought home new PRs.
On the girls side, the distance medley relay Michelle Grass running PRs in Ogden and and 800 m leg, respectively. Ogden also ran a PR in the open 800 m and Hope Schmadeke achieved her PR in the 200 m . Brinkley Sallach set a new PR in the 400 m hurdles, taking two
seconds off of her season best time.
"I am very proud of the great effort all our girls put in today," Red Oak head girls track coach Curt Adams said.
Girls team scoring: 1-Glenwood 156; 2- Lewis Central 100.33; 3-Atlantic 98; 4- Abraham Lincoln 93; 5-Underwood 64; 6- St. Albert 61; 7 - Shenandoah 54; 8-
Sioux City North $52 ; 9$ - Creston 30 ; 10- Thomas Jefferson

## Soux City North 52; 9-C 12.33; 11- Red Oak 5.33.

RO girls: $200 \mathrm{~m}-$ Schmadeke 30.97 .400 m : 18 Lainey Klepinger 1:15.02. 800m: 11- Ogden 2:49.60; 17 Grass 3:02.12. 100 m hurdes: 20-Sallach 19.70. 400m hurdes: Sallach 1:21.75. 4X100: 10- Tori Wendt, Marley Gray, Lainey Klepinger, Ogden 57.01. 4X200: 8-Wendt, Gray, Schmadeke, Klepinger 2:04.86. Sprint medley: medley: 5- Wendt, Gray, Ogden, Grass 5:06. 19 . High medley: 5-Wendt, Gray,
jump: 8-Schmadeke 4-06.

Tiger boys finished sixth of 11 teams.
"We had a great meet with two big PRs," French said. "We are peaking heading into the

RO tennis preps for postseason

Charm Carpenter
The Red Oak Express
The Red Oak tennis teams split with Clarinda to open the week on Tuesday, April 25
The Tiger boys swept Clarinda 9-0 in front of
home crowd
Boys results: Max DeVries (RO) over Drake Riddle (C) $8-3$ Brett Erickson (RO) over Grant Barr (C) 8-0; Joshua LeRette (RO) over Ben Miller (C) $8-2$; Braden Woods (RO) over Brady Co (C) $8-3$; Jonah Wemhoff (RO) over Dillon Hunter (C) $8-4$; James Barr 8-1. Woods W Hunter/Smith 9-3.
Griffin Eubank went 1-1 in JV action for the Tigers falling to Paxton Tomkinson 9-7 and defeating Matt Marsh 8-3.
Tiger girls fell in Clarinda 8-1 with the number three doubles earning the lone win for Red Oak. Girls results: Taylor Cole (C) over Merced Ramirez (RO) 8-2; Mayson Hartley (C) over Tessa Rolenc (RO) 8-2; Avery Walter (C) over Grace Wingfield (RO) 8-2; Riley Nothwehr (C) Dobbe (RO) 8-1; Emma Stogdill (C) over Abigail Johnson (RO) Dobbe (RO) 8-1; Emma Stogdill (C) over Abigail Johnson (RO)
B-4; ColelHartley over Rolenc/Ramirez 8-6; Walter/Brown over G. Wingfield/K. Wingfield $8-6$; DobbelJohnson over Nothwehr Stogdill 9-7.

The Tigers Atlantic
列 RED OAK TENNIS, Page 2B

Right: RO's number five Jonah Wemhoff with the backhand in his match with Dillon Hunter of Clarinda, Tuesday, April 25. (Charm Carpenter/Th Red Oak Express)

## Drake Relays

Charm Carpenter
The Red Oak Express
The Red Oak's 4X200 relay team of Landon Couse, Riley Fouts, Jack Kling, and Brayden Sifford competed in the Drake Relays on Saturday, April 29, finishing 35th out of 96 teams in the state. The Tigers ran 44.20 . Southwest Valley's Marshall Knapp capped off his
Drake Relays with a 17th place finish in the high jump, Drake Relays with a 17th place finish in the high jump, clearing 6-3, on Thursday, April 27.
Emily Williams, a senior at East Mills, placed third in her heat and 31 st overall in the 100 m hurdles on Friday, April 28, with a time of 17.12.


SWV's Marshall Knapp clears 6'3" in front of the home crowd the week before Drake. (Charm Carpenter/The Red Oak Express)


East Mills senior Emily Williams checks her time after winning the 100m hurdles in Griswold the night before competing at Drake. (Charm Carpenter/The Red Oak Express)


Red Oak's 4X200 team from left: Jack Kling, Landon Couse, Riley Fouts, and Brayden Sifford french) in 35 th place at the Drake Relays. (Sueann French)


## East Mills boys win, girls runner-up at F-M meet

Charm Carpenter
The Red Oak Express
The East Mills boys captured the team title at the Fremont-Mills track meet on Tuesday, April 25, scoring 143 points with five relay wins and two
individual event wins both from Davis McGrew in individual event
the open 400 m .
Boys team scoring: 1- East Mills 143; 2- Fremont-Mills 117; 3-St. Albert 104; 4- Sidney 73; 5-Glenwood 68; 6 . Stanton 62; 7-Heartland Christian 19.
Boys results: 100m: 2- Zach Thornburg (EM) 11.69; 6 Simon Showalter (S) 12.70; 8- Cooper Stearns (EM) 12.85, 14- Rylan Grebin (S) 13.20; 16- Brody Holmes (S) 13.78; 17- Nick Updegraff (EM) 14.15; 21- Brodee Sowers (S) 15.36,
200m: 3-Mason Crouse (EM) 25.18; 4- Jonan Wookey (S) 200m: 3- Mason Crouse (EM) 25.18; 4- Jonan Wookey (S)
26.17: 5- Jiri Brodigan (EM) 26.51 ; 7-Showalter (S) 26.76 26.17; 5- Jiri Brodigan (EM) 26.51; 7 - Showalter (S) 26.76
10- Jordan Williams (EM) 28.22; 13- Updegraff (EM) 29.30 400m: 1- McGrew (EM) 52.84; 4-Caleb Urban (EM) 56.79 ; 5-Showalter (S) 59.29; 12- Zooey Allen (S) 1:20.09. 800m: 3- Urban (EM) 2:16.13; 4- Layne Mastin (EM) 2:17.74; 10Logan McQueen (S) 2:45; 12-Allen (S) 3:02.61. 1600m: 4- Anthony Obermiller (EM) 5:16.82; 6- Camryn Johnson (EM) 5:22.01; 7- James McDonald (S) 5:32.90; 11- Evan Hopf (S)
6:10.29. 3200m: 5- Johnson (EM) 11:40.16-6- Obermiler (EM) 12:08.28; 7- McQueen (S) 13:17.99; 8-Allen (S 13:56.67. .110m hurdles: 1-Nolan Grebin (S) 16.50; 2- Peyton Embree (EM) 16.86; 3-Josh Martin (S) 17.17; 4- Jackson Embree (EM) 18.50. 400m hurdles: 1- McGrew (EM) 57.85 ; 2-N. Grebin (S) $58.22 ; 5$ - Brodyn Wray (EM) 1:07.13. 4X100 1. Thornburg, Crouse, Ryan Stortenbecker, Stearns (EM 47.36; 4- Wookey, Logan French, N. Grebin, Martin (S 48.69. 4X200: 1 - Thornburg, Crouse, Brodigan, Stearns (EM)
1:32.92; 5-Gavin Ford, French, R. Grebin, Dylan Reynolds 1:32.92; 5-Gavin Ford, French, R. Grebin, Dylan Reynolds
(S) $1: 47.17: 8$ - Holmes, McDonald. Hopt, Sowers ( $S$ ) $1: 56.49$ (S) 1:47.17; 8 - Hoimes, McDonald, Hopt, Sowers (S) 1:56.49.
4X400: 1 - McGrew, P. Embree, Mastin, Urban (EM) 3:44.51; 6- Ford, Wookey, Evan Gettler, Martin (S) 4:09.92. 4X800: 2- Walter Seipold, Wray, Mastin, Steven,
Barrett (EM) 9:41.40; 3-Gettler, McDonald, Hopf, Barrett (EM) 9:41.40; 3- Gettler, McDonald, Hopf,
Holmes (S) 10.09.90. Sprint medley: 1 - Thornburg, Holmes (S) 10.09.90. Sprint medley: 1- Thornburg,
Crouse, Brodigan, Urban (EM) 1:41.92; 6- Max Yeager, Holmes, Reynolds, Hopf (S) 2:00.02. Distance medley: 2- Ford, R. Grebin, French
McDonald (S) 4:12.47:4- Williams, Cooper Hagen Barrett, Seipold (EM) 4:25.84. Shuttle hurdle: 1- Stortenbecker, McGrew, J. Embree, P. Embree 1:05.48; 3-Wookey, N. Grebin, Ford, Martin (S) 1:11.72. High jump: 2- J. Embree (EM) 5-04; 5-P.
Embree (EM) 5 -02. Long jump: 5 - French (S) 15-09.25. Shot put: 6-R. Grebin (S) $36-06.25 ; 9$ Brody Gibbs $(S)$ 34-08.25; 10-Reynolds (S) $34-08$
11- Stortenbecker
(IM) $34-05$. Discus: 9 - Yeage (S) 96; 11- Gibbs 91; 14- Sowers 86-05.
(S) 96 ; rirls team scoring: 1 - Fremont-Mills 201 2- East Mills 100 ; 3 - Stanton 82 ; 4- Glenwood 65; 5-Sidney 59; 6 - Heartland Christian 43. Girls results: 100 m : 1- Emily Williams (EM) 13.27; 8- Kandra Laumann (EM) 14.87; 13- Kennedy King (S) 16.96 . 200m: 2- Jenna Thornburg (EM) 29.03; 4- Brooklyn Silva (S) 29.96;
8-Adrey 34-11; 13- King (S $S$ 381.130; 14- Izabella Beam (S) 39.95. 400m: 3 - Cloe Brown (EM) 1:08.82. 800 . 2- Aspen Crouse (EM) 2:41.40; 5 - Venna Sayers (EM) 3:00.45. 1500m: 2-Crouse (EM) 5:55.06; 3- Carly Roberts (S) 5:56.92; 7- Sophia Morrical
(EM) 6:35.05. 3000m: 3-C. Roberts (S) 13:48.03. 100 m hurdles: 1 - Williams (EM) 15.76; 2- Hannah Olson (S) 17.18; 4- Elly McDonald (S) 17.93; 1- Alysia Montgomery (EM) 22.20. 400m hurdes
2- Willams (EM) 1-10.81: 3- H. Olso $1 \cdot 17.95$ 4X100: 2- Brooklyn Silva, H. Olson, Addi Olson Lauren Johnson (S) 55.28; 3-Thornburg, Natalie Goodman,
Boban, Montgomery (EM) 57.65. 4X200: 4- Thornburg. N. Boban, Montgomery (EM) 57.65. 4X200: 4- Thornburg, N. Goodman, Boban, Ryleigh Brodigan (EM) 2:02.72. 4X400:
2- Brown, Mia Goodman, Brodigan, Laumann (EM) 4:59.83: 2- Brown, Mia Goodman, Brodigan, Laumann (EM) 4:59.83;
3- Meredith Roberts, Peterson, Jasmine Osher, Britney Silva 3- Meredith Roberts, Peterson, Jasmine Osher, Britney Siliva
(S) 5:05.17. 48800: 2-Crouse, Sayers, Brodigan, Morrical (S) 5:05.17.4X800: 2-Crouse, Sayers, Brodigan, Morical
(EM) 11:50.84; 3- King, Beam, Osher, Peterson (S) 14:46.21. Sprint medley: 2-Montgomery, Boban, Thornburg, Williams (EM) 2:00.71; 3- Britney Silva, Marleigh Johnson, Brooklyn Silva, A. Olson (S) 2:02.34. Distance medley: 3- Britney Silva, McDonald, Osher, M. Roberts (S) 5:10.19; 5- N. Goodman, M. Goodman, Mackenzie Stearns, Morrical (EM) 5:19.41.
Shuttle hurde: 2- L. Johnson, McDonald, A. Olson, H. Olson Shuttle hurdle: 2-L. Johnson, McDonald, A. Olson, H. Oison
(S) $1: 10.77$. High jump: 2- Brown (EM) 4-10. Long jump: 1-L (S) 1:10.77. High jump: 2- Brown (EM) 4-10. Long jump: 1-L.
Johnson (S) 15-07.25; 6- Laumann (EM) 12-07. Discus: 9Adrian Haynie (S) 54; 12- King (S) 35 .
East Mills and Stan(s)
Ryan Sto
Tribune)
Tribune)
une)
in Griswold on Thursday, April 28, along with
Southwest Valley. For the second time in the same Southwest Valley. For the second time in the sam Girls team scoring: 1-Fremont-Mills 140; 2- Nodaw Valley 122; 3-Shenandoah 74; 4-Underwood 69; 5-AHSTW 68; 5-Stanton 68; 7-Griswold 63; 8- Southwest Valley 62; 9-East Mills 52; 10-Hamburg 5.
"Overall it was a really good night for the girls," Southwest Valley head girls track coach ason Hults said. "Lots of new PRs and season bests to be proud of and to carry that excitement few oirls sick or goene so it will be nice to fem back and be at full strength barring some njuries that hopefully are not serious, as we move into next week."
Emma Cooper
the long jump.
"She has been waiting all season to get th cord pushed out from where she set it last year," Hults said. "She has been very consistent this season, jumping 16 plus in eight of the 11 meets. We've felt all year that she has been jumping better when compared to the same time last season, so we have been patient and confident that she would ntinue to improve.'
Girls results: 100m: 2-Emma Cooper (SWV) 13.70; 9 (S) 15.97- 14-R'Nya Kirchhoff (G) 16.19-15- Jadeyn Dishong (S) 15.97 ; 14-RNya Kirchhoff (G) 16.19; 15-Jadeyn Dishong 18.04. 200m: 2- Cooper (SWV) 28.33; 3-Thornburg (EM) 29.09; 4- Kyleigh Hering (G) 29.48; 5- Brown (EM) 29.71. 12- Britney Silva (S) 31.27 ; 16-Makena Harry (G) 33.67; 17Ivey Lenz (SWV) 35.82; 18-King (S) 36.53 .400 m : 7 - Stearns (EM) 1:13.13; 8-Carly Green (SWV) 1:13.32; 11- Brooklynne Peterson (G) 1:15.03; 12- Osher (S) 1:15.57; 13-Harry (G)


1:16.04; 15-Riley Burke (S) 1:23.69; 16-King (EM) 1:26.38. 000m: 5-Marissa Askeland (G) 1:57.96; 7- Kate Tischer (G) 3:03.38; 9- Morrical (EM) 3:08.84. 1500m: 2-C. Roberts (S 5:58.90; 4- Josie Millikan (G) 6:07.97; 8-Victoria Fletchall Roberts (S) 135; 9- Kya Newton (SWV) 6:55.55. 3000m: 4- C. 1- Williams (EM) 1570; $\mathbf{l}$-Milikan (G) 14:08.50. 100m hurdies.
 McCoy (SWV) 19.66: 14- Paighton Buffington (SWV) 19.70 16-Reese Laverty (G) 20.98 .400 m hurdles: 3- A. Olson (S 1:12.26; 5- Addison Adams (G) 1:14.52; 12- McCoy (SWV)
1.27.97. 4X100-2 Broeky 127.97. 4X100: 2- Brooklyn Sliva, M. Johnson, H. Olson, L Johnson (S) 53.67; 7- Cooper, Haidyn Top, Hailey Randall, McKenna Wiechman (G) 59.95. 4×20: 2 Brooklyn Silva, McKenna Wechman (G) 59.95. 4ג20. 2- Brooklyn Silva

## RED OAK TENNIS

continued from page 1b
Thursday, April 27, with the Tiger girls Giring results: Ramire

| Girls results: Ramirez over Rio Johnson (A) |
| :--- | 8-1; Rolenc over Keira Olsen (A) 8-0; G. Wingfield

over Quincy Sorenson (A) $8-2$; Dobb over Jade over Quincy Sorenson (A) $-2-2$, Dobb over Jade
Harter (A) $8-1 ; K$. Wingield over Josephine Sorensen (A) $8-1$; Johnson over Dani Bennett (A) 8-3; Ramirez/Rolenc over Johnson/OIsen 8-2; Q. Sorenson/Harter over G. Wingfield/K. Wingfield 8-4; D
$8-4$.
The Tiger boys fell on the road 9-0.
Boys results: Clevi Johnson (A) over Max DeVries 10-7; Nolan Waters (A) over Erickson 10-8; Easton O'Brien (A) over LeRette 11-10 (2); Kinnick Juhl (A) over Woods 10-3; Alex Rosenbaum (A) over Wemhoff $10-5$; Isaac Henson (A) over Gass 10-3; Johnson/Juhl over DeVries/ Woods 10-6; Waters/'O'Brien over LeRette/Gass; Rosembaum/Henson over Wem1
Harlan
Tiger girls defeated Harlan on Friday Tiger girls
April 28, $9-0$.
Ramirez over Erica Rust (H) 8-1; Rolenc Ramirez over Erica Rust (H) 8-1; Rolenc
over Sammy Swensen (H) 8-1; G . Wingifield over Scarlett McGuinness (H) 9-8; Dobbe over Claire Schmitz (H) 8-0; K. Wingfield over Anastacia Kay (H) 8-3; Johnson over Hannah Peck (H) 8-3; Ramirez/Rolenc over Rust/Swensen $8-0$;
Dobbe/K. Wingield over McGuiness $/$ Kay $8-4 ;$ G Dobbe/K. Wingfield over McGuinness/Kay 8 -
Wingfield/Johnson over Schmitz/Peck $8-2$
The Tigers will begin district regional action next week.

RED OAK TRACK
conference meet."
The Tiger 4X100 relay team set
another PR, knocking 15 seconds another PR, knocking 15 seconds off of
the Drake Relays bound team the Drake Relays bound team.
Boys team scoring: 1-Glenwood 136; Lewis
Central 113. 3- Allantic 100 Central 113; 3-Atlantic 100; 4-Treynor 75; 5-St. Albert 69; 6- Red Oak 56; 7-Shenandoah 52;
8 Sioux City North 43; 9-Thomas Jefferson 36; 8- Sioux City North 43; 9- Thomas Jeffers
10-Creston 29; 11-Abraham Lincoln 25 . RO boys: 100 m : 3-Couse 11.43; 4- Kling 11.52; 6- Fouts 11.56; 19- Bozwell 12.20; 23Fouts 12.61; 26- Torres 12.88. 200m: 6- Bruce 24.01; 9- Hall 24.17; 20- E. Fouts 26.16; 23Torres 26.62; 27-Gusman 28.45. 400m: 1- Kling
52.05; 16- Ruhl 1:01.62; 19.- Stickland 1:02.40; 2.05; 16- Ruhl 1:01.62; 19-Stickland 1:02.40
20-Gusman 1:03.95; 22- Brower $1: 04.60$. 800m: 13- Jenkins 2:23.18; 17- Brower 2:36.26; 18- Stickland 2:37.16. 1600 m : 17- Williams 5:59.05. 400m hurdles: 11-Hernandez 1:04.08. 4X100: 3- Couse, R. Fouts, Brayden Sifford Kling 44.28. 4x200: 2-Couse, Bruce, R. Fouts, sifford $1.34 .69,11-$ Bozwell, Torres, Gusman . Fours Senkins, Brylon Bergren J.52.84. 4×800: 9- Ruh, ley: 2- Couse R Fouts, Sifford Kling 1:3529 12- Hall, E. Fouts, Bozwell, Bergren 1:47.12 Distance medley: 6- Hall, Bozwell, Hernandez, Jenkins 4:04.13. Long jump: 3- Bruce 19-07.5 (PR); 9- Hall 17-04.5. Shot put: 27- Patterson 31-00; 28- Ransom 30-05.5; 30- Gusman 18-09.5 Discus: 15- Ransom 110-08; 24- Vukonich 94-0 28- Patterson 82-11.


From left: Emma Mundorf of Griswold, Carly Green of Southwest Valley, and Sophia Morrical of East Mills, stay close in their respective leg of the 4X800 relay. (Charm Carpenter/The Red Oak Express)

Adams, Erynn Peterson, Emma Mundorf (G) 1:55.73.6Montgomery, Goy, Boban, Laumann (EM) 2:05.18; 7- Lund, Mackenzie Maeder, Top, Andraya Dimmler (SWV) 2:09.29 X400: 4- Pennock, Mundorf, Adams, E. Peterson (G) Si 5).50; 6- M. Roberts, Osher, Britney Silva, C. Roberts Askeland (G) 11.49:12-4-Morrical, Sayers, Brodigan, Brown (EM) 12:08.25; 6-Carly Green, Oakley Benge, Fletchall, Newton (SWV) 12.24.87. Sprint medley: 4- Montgomery, N. Goodman, Thornburg, Urban (EM) 2:06.17; 6- Brooklyn Silva, M. Johnson, A. Olson, M Roberts (S) 2:08.41; 7- Buffington, Alyssa Randall, H. Randall, Top (SWV) 2:11.76; 8- Hering, Laverty, Wiechman, B. Peterson (G) 2:16.01. Distance medley: 1-Thornburg, Urban, Williams, Crouse (EM) 4:43.76; 5-Hering, Wiechman, E. Peterson, Marissa Askeland (G) 5:01.65; 6- Brooklyn Silva, Britney Silva,
H. Olson, M. Roberts (S) 5:03.92. 8- Maeder Dimmer H. Randall, Benge (SWV) 5:36.61. Shuttle hurde: 2-A. Olson, McDonald, L. Johnson, H. Olson (S) 1:10.18. 4- Laverty, Mundorf, Adams, Pennock (G) 1:18.89; 5Buffington, McCoy, A. Randall, H. Randall (SWV) 1:21.92. High jump: 2- Brown (EM) 4-10; 4- Lund (SWV) 4-8; 5-E. Peterson (G) 4-8. Long jump: 1-Cooper (SWV) 16-05.5 (school record); 2-L. Johnson (S) 15-10.75; 5- Wiechman (G) 13-09.5; 10- Tischer (G) 12-11.5; 12- Lenz (SWV) 0-03.5; King (EM) 9-8. Shot put: 3-Mackenzie Richards (SWV) 33-11.25; 6- Samantha Davies (SWV) 30-05.5; 12- R. Burke (S) 25-10.5; 13- Madison Rush (G) 25-06.5; 16- Harrison (G) 24-00.75. Discus: 3- Davis (SWV) 89-9; 77-00 5. 10-Harison (G) 73-03: 13- Haynie (S) 59.09 .5 Boys team scoring: 1-Underwood 140; 2-Riverside 112; 3-AHSTW 93; 4-Shenandoah 75; 5-East Mills 59; 6- Missouri Valley 55; 7-Fremont-Mills 45; 8-Stanton 40; 9 - Nodaway Valley $39 ; 10$ - Southwest Valley $38 ; 11$ Griswold 30 .
Boys results: 100m: 2-Thornburg (EM) 11.77; 8Peyton Cook (G) 12.31; 10-Zane Johnson (G) 13.15; 13- Isaac Currin (SWV) 13.33; 14- Holmes (S) 13.71;
20-Sowers (S) 15.17; 22- Updegraf (EM) 18.39 200m: 20- Sowers (S) 15.17; 22- Updegraf (EM) 18.39.
4- Matthew Haley (EM) 23.89; 12-Showalter (S) 26.41; 13-Cael Hogan (SWV) 26.59; 15- Gibbs (S) 20.15: 17- Isaial Valdivia (G) 28.78; 18- Updegraff (EM) $29.40 .400 \mathrm{~m}: ~ 2-G a v i n ~ W e t z e l ~(S W V) ~$
(S6.57; 4. Cook (G) 56.86; 13- Williams (EM) 1:04.76; 4- Holmes (S) 1:05.86; 16- Tosh Feltner (G) 1:09.79; 7- Allen (S) 1:17.40. 800m: 2- Urban (EM) 2:10.59; 3- Mastin 2:11.57; 5 - Cody Dorscher (G) 2:18.54; 6- Brayden Lockwood (G) 2:20.18; 13- McQueen
(S) 2:31.72; 14- Preston Carpenter (S) 2:31.88, (S) 2:31..2; 14 - Preston Carpenter (S) 2:31.88.
1600m 4- McDonald (S) 5:20.34; 5- Lockewood (G) 5:31.73; 7- Jeremy Sheeder (G) 5:44.96; 11- Hopt (S) 6:05.85; 12- Quaid Eddy (SWV) 6:24.55. 3200m: 7- Dorscher (G) 11:54.77; 8- Lockwood (G) 11:57.18; 10- Obermiller (EM) 12:32.29; 13- Ashton Boswell (SWV) 14:06; 14- Allen (S) 14:10.61. 110m hurdes: 3- P. Embree (EM) 16.48; 6- Josh Martin (S) 16.71;
7- N. Grebin (S) 16.78; $9-$ Cook (G) 17.21; 15J. Embree (EM) 18.84; 16- Evan Pearson (SWV) 18.86. 400m hurdes: 7-Cook (G) 1:02.22; 11- Bode Wyman (G) 1:05.22; 14- Obermiller (EM) 1:09.59;
15- Johnson (EM) 1:09.75. 4X100: 3- Jacob Martin, S- Johnson (EM) i:09.75. 4X100: 3- Jacob Martin,
Wookey, N. Grebin, Josh Martin (S) 47.35; 5- KC

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Sitzman, Theron Mullen, Brandon Cox, Wyatt Mendenhall (SWV) 49.54; 10-Shane Taylor, Holden Jensen, Wyatt Silk,
Valdivia (G) 54.14. 4X200: 3-Thornburg, Crouse, McGrew, Stearns (EM) 1:37.51; 6- Showalter, French, Gibbs, Wookey (S) 1:43.20; 8- Sitzman, Evan Fast, Riley Hartman, Pearson (SWV) 1:45.24; 9- Johnson, Nollan Smith, Silk, Taylor (G) 1:50.09. 4×400: 5-Ford, Wookey, Jacob Martin, Josh Martin (S) 3:56.21; 8- Wyman, Jensen, Smith, Baxter (G) 4:11.63. 4X800: 5-Seipold, Brodigan, Wray, Johnson (EM) 9:44.34; 7- McDonald, Carpenter, Hopf, McQueen (S) 10:11.07; 9- Jensen, Sheeder, Feltner, Conner Bowers (G) 10:31.
Sprint medley: 3 - Thornburg, Crouse, McGrew, Urban (EM) Sprint medley: 3- Thornburg, Crouse, McGrew, Urbal (EM)
1:43.06; 8- R. Grein, Holmes, Reynolds, Showalter (S) 1::43.06; 8- R. Grein, Holmes, Reynolds, Showalter (S)
1:51.44; 9- Taylor, Smith, Baxter, Jensen (G) $1: 52.15 ; 10$ Currrin, Fast, Hogan, Cox (SWV) 1:55.75. Distance medley: 3 -Ford, R. Grein, French, McDonald (S) 4:07.08; 7- Brodigan, Mastin, Stortenbecker, Seipold (EM) 4:14.84; 8- Baxter, Johnson, Wyman, Lockwood (G) 4:16.50. Shuttle hurdle: 2Stortenbecker, McGrew, J. Embree, P. Embree (EM) 1:05.33;
3- Jacob Martin, N. Grebin, Ford, Josh Martin (S) 1:05.95 3- Jacob Martin, N. Grebin, Ford, Josh Martin (S) 1:05.95
(school record); 6 - Hartman, lan Brown, Pearson, Mendenhall (SWV) 1:11.26; 7-Smith, Wyman, Baxter, Silk (G) 1:15.97. High jump: 3-Wetzel (SWV) 5-4. Long jump: 4-Theron Mullen (SWV) 17-06.75; 5-Currin (SWV) 17-06.75; 7- French (S) 16-11; 14-Updegraff (EM) 12-09.5. Shot put: 4- Mullen (SWV) 41-03.25; 7- Dishong (G) 38-01.75; 11-R. Grebin (S) 35-07.5; 13- Jacob Carnes (G) 34-00.25; 14-Reynolds (S) 33-11.75; 15- Lucas Inman (SWV) 33-08.5. Discus: 8- Imman (SWV)
116-10.5; 9- Mullen (SWV) 111-07; 14- Dishong (G) 103-09. 17-Yeager (S) 86-08.5; 18-Sowers (S) 86-08; 19- Camden Rossell (G) 77-07.5.
"It was a night of changes and substitutions for us," Southwest Valley head boys track coach Jerry Hartman said. "This team is willing to step into any role at any time, and that is all a coach can ask for. Prior to the meet I was talking to Coach Hults, and we knew points were going to be tough to come by. I tried my best to put guys into positions to score and for the most part it worked out. With all of the substitutions, I am happy with our
finish."


Above: Stanton's Britney Silva races down the backstretch in the 4X200. (Charm Carpenter/The Red Oak
Express)


Griswold's Peyton Cook gets a gre
Carpenter/The Red Oak Express)


Stanton's Izabella Beam keeps a steady pace in the open 400 m earlier this season (Charm Carpenter/The Red Oak Express)

## SWV's Logan Westlake plays career-best match

Charm Carpenter The Red Oak Express

The Timberwolves suffered nother $8-1$ loss, this time Maryville, and slipped to 3-3 bright spot as number four player Logan Westlake played a career-best match in singles, according to Southwest Valle head coach Steve McGrew "This is Logan's second season playing for the team, all he has been solid for us ever since he joined the program," McGrew said. "His performance in snigles in this dual was head and shoulders above anything I have seen. His decision making actually liked pace so changed his usual approach, and just hit medium-pace forehand and backhands all night and absolutely kept Baker guessing when he approached the net with a mixture of lobs and groundstroke passes."
McGrew felt Westlake expe rienced the kind of match a play er longs to play.
Kristian Mendez (M) over Evan (M) over Owen Paul (SWM) 8-0. Teore (M) over Owen Paul (SWV) $8-0$; George
Groumoutis (M) over Slate GoodvinKinnaird (SWV) 8-2; Westlake (SWV) over Landon Baker (M) 8-2; William Sheil (M) over Parker Boswell (SWV) 8-0; Colby Bowles (M) over Matthew Means (SWV) 8-4; Teale/Jaxso Staples (M) over Timmerman/Paul 8-1 Kinniard 8 -3: Gromoutis Baker Boswell/Means $8-2$.
"The JV guys looked bette
parison to any time I have seen
them, and, even in this meet them, and, even in this meet,
they made strides at the end they made strides at the end
in comparison to the beginning matches," McGrew said. "I think matches, "McGrew said. I think
they got used to Maryville's
power near the end of the meet. power near the end of the meet.
It is not something they see from every JV squad, so they had to adjust to the hard pace of the balls coming at them.
Miles Poynter (M) over Quaid Eddy (SWV) 4-0; Andrew Ferris (M) over
Lucas James (SWV) 4-0; Lucas James (SWV) 4-O; Thomas
Willmes (M) over Ashton Boswell (SWV) Willmes (M) over Ashton Boswell (SWW)
$4-0$; Ferris over Eddy 4-1; Poynter over -0; Ferris over Eddy 4-1; Poynter over
James 4-3; Eddy over Willmes 4-2; Poynter/Ferris over Eddy/James 4-2; Poynter/Willmes over EddylBoswell 4-0; Ferris/Willmes over James/Boswell

Clarke
The teams split with Clarke on Tuesday, April 25, as the boys shut out Clarke, and the
girls fell 8-1 "Clarke
"Clarke always competes well," McGrew said. "Jeff Ehrhardt is a legendary veteran We felt like we had a shot to pull off an upset on the girls side if everything went perfectly for us. But, in the end, Clarke's girls had just a little too much offensive capability."
Boys results: Timmerman over RJ McCoy (C) 10-2; Paul over JD Sitzman
(C) 11-9; Goodvin-Kinnaird over Aydan (C) 11-9; Goodvin-Kinnaird over Aydan
Dinham (C) 11-10 (7-1): Westake over Nathaniel Rowe (C) 10-2; Boswell over Casey Wade (C) 10-6; Means over Bryce Johnson (C) 10-8; Timmerman/ Paul over McCoy/Sitzman Goodvin-Kinnaird/Westlake Dinham/Rowe 10-6; Boswell/Means over Wade/Johnathan Galvez (C) 10-7.
Girls results: Maddy Mc ver Charlee Larsen (SWY) 8-6; Ava


Hagen (C) over Anjali Kathikar (SWV) 8-4; Korynna Olson (C) over Ryanne Mullen (SWV) 8 -6; Molly Sickels (C)
over Karissa Richey (SWV) 8 -5; Mais over Karissa Richey (SWV) 8 -5; Maisy
McCoy (C) over Maddie Bevington (SWV) 8-5; Natalia Zimmerman (SWV) over Marissa Bakley (C) 8-5; Maddy
McCoyrHagen McCoy/Hagen over Larsen/Mullen 8-2
Olson/Sickels over Kathikar/Bevington Olson Sickels over Kathikar/Bevington
$9-8$ ( $7-3$ ); Maisy McCoy|Bakley over 9-8 (7-3); Maisy McCoylBal
Richey IZimmerman 9-8 (9-7). The JV boys split th
matches with matches with Clarke Eddy/James over Zach Beldin/ Johnston (C) 6-4; Beldin/Easton Brokaw (C) over James/Ashton Boswel 6-3; Johnston/Brokaw (C) over Boswell
Eddy 6-3; Beldin (C) over Eddy 4-3 Eddy 6-3; Beldin (C) over Eddy 4-3; James over Galvez (C)
over Brokaw (C) 4-3. Clarke JV girls edged SWV

Maisey White/Mylee Miller (C) over Ivey LenzLLayla Konecne (SWV) 6-1 Emily Glenn/Keira McLain (C) ove Lenz/Konecne 6-3; Hannah Russo White (C) over LenzZKonecne $6-5$
Miller (C) over Lenz 4-1; Glenn (C) over Miller (C) over Lenz 4-1; Glenn (C) ove
Koneche 4-2; Lenze over Mclain 4-3, Konecne $4-2$; Lenze over McLain 4-3;
Konecne over Russo $4-2 ;$ Lenz over Konecne ov
White $4-3$.

## Timberwolf girls take first, second in shot put

## Charm Carpenter

The Red Oak Express
southwest Valley and Griswold track teams competed in Audubon on Tuesday, April 25, with the SWV girls placing sixth of 13 .
Emma Cooper finished with a four-medal night; Mackenzie Richards and Samantha Davies went one and two in the shot put; and new PRs were set by the SWV girls to highlight the meet.
Girls team scoring: 1 - Clarinda $107 ; 2 \cdot 2 \mathrm{KM}$-Manning 86 ; 3-Underwood 82; 4-Audubon 79; 5-Tri-Center 72; 6- SWV
56; 7- ACIGC 53; 8-Griswold 49; 9- Ar-We-Va 46; 10-CAM 56; 7- AC/GC 53; 8-Griswold 49; 9- Ar-We-Va 46; 10- CAM
37; 11- Panorama 29; 12- Exira-EHK 23; 13-Coon RapidsBayard 17
Girls results: High jump: 3- Ada Lund (SWV) 4-08. Girls results: High jump: 3- Ada Lund (SWV) 4-08.
Discus: 4- Makenna Askeland (G) 88-09; 9- Davies (SWV) 81-11; 14-Ryleigh Harrison (G) 70-03; 20- Julia Means (SWV) 51-02. Long jump: 1-Cooper (SWV) 15-05.5; 8McKenna Wiechman (G) 12-09; 12-Kate Tischer (G) 11-06.5. Shot put: 1- Richards (SWV) 34; 2- Davies (SWV) 30-11;
15- Harison (G) 22-11; 17-Madison Rush (G) 22-08. Sprint medley: 4- Kyleigh Hering, Brooklynne Peterson, Emma Mundof, Erynn Peterson (G) $2: 05.24 ; 12$ - Means, Savies, Mundof, Erynn Peterson (G) $: 005.24$; 12 - Means, Savies,
Averyle Butcher, Victoria Fletchall (SWV) 2:31.38. 4×800: 3- Mundorf, Tischer, Josie Millikan, Marissa Askeland (G) 11:56.90. 100m: 2- Cooper (SWV) 13.79; 15-Rush (G) 15.99; 17- Jadeyn Dishong (G) 16.44; 23- Butcher (SWV) 17.94. Distance medley: 6- Hering, E. Peterson, Addison Adams, Maeder, Lund, Emily Adams (SWV) 5:34.43. 400m: 7-B Peterson (G) 1:14.41; 13- Fletchall (SWV) 1:22.16; 14- R'Nya Kirchhoff (G) 1:22.36. 4u200: 1- Hering, E .
Peterson, Mundort, Adams (G) 1:56.22; 9 - Hailey Randall, Maeder, Haidyn Top, Andraya Dimmler (SWV) 2:08.67. 100 m hurdes: 14 Reese Laverty (G) 20.36; 18- A.
Randall (SWV) 22.31. $800 \mathrm{~m}: 8$ Randall (SWV) 22.31. $800 \mathrm{~m}: 8$ -
Oakley Benge (SWV) $3: 02.82 ;$ MMllikan (G) 3:05.39; 12-Tischer (G)
3:06.99. 200m: 3-Cooper (SWV) 28.19; 15- Makena Harry (G) 32.54; 17- Kirchhoff (G) 34.05. 400 m hurdles: 3 - Adams (G) 1:15.36; 11- H.
Randall (SWV) 1.21.18. $500 \mathrm{~m}: 6$ Randall (SWV) 1:21.48. 1500m: 6 -
Millikan (G) $6: 22.52$; 10 - Kya Newton Milikan (G) 6:22.52; 10-Kya Newton
(SWV) 6:56.27. 4×100: 5-Cooper (SWV) 6:56.27. 4X100: 5- Cooper,
Top, H. Randall, Lund (SWV) 56.55; 12- Hering, B. Peterson, Harrison, Wiechman (G) 1:00.25. 4X400: 2Mundorf, Adams, Marissa Askeland, E. Peterson (G) 4:39.45; 7-Adams, Benge, Top, Lund (SWV) 4:55.97. tive 12 -team field, points were tough to come by for
the Timberwolves" SWV the Timberwolves, head boys track coach Jerry head boys track coach Jerry
Hartman said. "There were Hartman said. "There were
some bright spots on the night though."
Riley Hartman, Ian Brown Evan Pearson, and Wyatt


Griswold's Erynn Peterson anchors the 4X400 relay. (Charm
ime this season
"I am very proud of the guys," Hartman said. "They want to continue to knock down their times and have worked hard in practice to find ways to do so. Mendenhall also set his PR in the open
400 m . He is a kid who is fiercely competitive and 400 m . He is a kid who is fiercely competitive and ion really brings out the best in him. As a freshon really brings out the best in him. As a fresh-
man, to compete at this level shows how much potential he will have in his career" how muc Boys team scoring: 1-Clarinda 126 Boys team scoring: 1-Clarinda 126; 2- IKM-Manning Rapids-Bayard 41; 7- Tri-Center 40; 8- Audubon 37; 9Panorama 34; 10-Exira-EHK 31; 11-Griswold 17; 12- SW
Boys results: High jump: 9- Gavin Wetzel (SWV) 5-06 Discus: 11- RJ Dishong (G) 107-01; 13- Theron Mullen
SWV) 99-01; 18- Jacob Carnes (G) 89-06; 19- Lucas Inma SWV) 99-01; 18- Jacob Carnes (G) 89-06; 19- Lucas Inman
SWV
88-08. Long jump: 14- Cael Hogan (SWV) 16-055 (SWV) 88-08. Long jump: 14- Cael Hogan (SWV) 16-05.5
15- Zane Johnson (G) 16-05; 18- Devin Greenwalt (SWV 15-05. Shot put: 7-Mullen (SWV) 40-06; 12- Dishong (G 35-11; 19- Camden Rossell (G) 32-11; 20- Inman (SWV) 31-01. Sprint medley: 9- Bode Wyman, Aiden Kennedy, Johnson, Peyton Cook (G) 1:45.74; 111-Evan Fast, Hogan,
KC Sitzman, Brandon Cox (SWy $1: 4711$ 2200. KC Sitzman, Brandon Cox (SWV) 1:47.11. 3200m: 9- Tosh
Feltner (G) 13:18.93. 4X800: 6 - Brayden Lockwood. Holden Feltner (G) 13:18.93. 4X800: 6 - Brayden Lockwood, Holden
Jensen, Jeremy Sheeder, Ethan Baxter (G) 9:36.24. Shuttle Jensen, Jeremy Sheeder, Ethan Baxter (G) 9:36.24. Shuttle
hurde: 5 - Hartman, Brown, Pearson, Mendenhall (SWV) 1:08.82; 8-Kennedy, Cook, Nollan Smith, Wyman (G) 1:10.63. 100m: 7- Sitzman (SWV) 12.20; 19-Fast (SWV) 13.27; 21- Baxter

Distance medley: 7 - Kennedy, Johnson Jensen, Lockwood (G) 4:15.40. 40: 5-
I Mendenhall (SWV) 55.78 ; 12-Greenwalt
(SWV) 58.87; 19- Smith 21- Conner Bowers (G) 1:09.71. 4X200 9- Wetzel, Fast, Hartman, Hogan (SWM)
1:47.14; 10- Taylor, Baxter, Wyatt Silk, 1:47.14; 10- Taylor, Baxter, Wyatt Silk,
Isaiah Valdivia (G) 1:49.91. 110 m hur diles: 3- Cook (G) 16.40; 13- Brown (SWV) 18.35; 14- Kennedy (G) 18.64
16- Pearson (SWV) 19.10. $800 \mathrm{~m}: 1$ Sheeder (G) 2:42.96. 200m: 6- Cook
(G) 24.16; 10. Sitzman (SWV) (G) 24.16; 10- Sitzman (SWV) 24.7\%;
13- Cox (SWV) 25.65: 18(G) 26.62 .400 m hurdles: 12- Wyman (G) 20.62. 400 m hurdes: $12-$ Wyma
(G) 1:07.25; $13-$ Smith (G) $1: 08.22$;
15- Wetzel (SWM) 1.10 . 15. Wetzel (SWV) 1:10.6.6. 16000. 8
Lockwood (G) 5:35.01; 14-Cox (SWV) Lockwood (G) $5: 35.01$; 14- Cox (SWV
6:00.58. 4X100: 11- Taylor, Hensen,
Sik Silk, Valdivia (G) 54.02. 4×400: Hartman, Hogan, Sitzman, Mendenhal
(SWV) 4:03.40; 8- Wyman, Jensen (SWV) 4:03.40; 8- Wyman,
Smith, Baxter 4:19.87 (G) 4:19.87. "We are moving guys around and trying to find the combinations to do well at the POI meet coming up next week and to squeeze another event or two said. "Hopefully, we will be full strength next week and really surprise some people."

Bergren qualifies Red Oak graduate and standout for NJCAA track and field Nationals with a $4: 02.031500 \mathrm{~m}$ run at the Emporia State University Midwest Classic on April 23. Bergren, a freshman at lowa Central Community College, will compete in Hobbs,
N.M. May 18-20 with other teamN.M. May $18-20$ with other team
mates. ICCC is currently ranked fifth in the NJCAA. (Charm Carpenter/ The Red Oak Express)


Griswold golfers had a stellar meet on Tuesday, April 25, on the day were Tigers. Above from left: Kamron Brownlee, medalist; Hogan Hook, runner-up; Joey Reynolds medalist. (Photo submitted)

## Of Course

Charm Carpenter
The Red Oak Express
East Mills hosted Griswold in Corner Conference golf on Friday, April 21, sweeping the Tigers.
Griswold's Kamron Brownlee and East Mills' Kyler Williams each carded a 43. Brownlee earned medalist honors after the cardoff and Williams finished as runner-up.
Other Griswold scores:
Other Griswold scores: Hogan Hook 47. Alex Nelson 52; Brayden Lockwood 54.
Other East Mills scores: Lincoln Palmer 45; A
Anderson 45: Fletcher Proctor 46; Ryan East Mills girls cootior 46; Ryan Sayers 48. sirls did not field a full team.
Griswold's Linsey Keiser earned medalist honors with 46, and East Mills' Mallory Lang was unner-up with 49.
Other Griswold scores: Joey Reynolds 52.
Other East Mills scores:
East Mills boys defeated Rock Port and Sidney on Tuesday, April 25, with a team score of 187
Both Rock Port and Sidney finished with 211 Sidney's Hayden Thompson earned medali onors with 42, and East Mills' Williams earned runner-up honors with 45
Other EM scores: Palmer 47; Proctor 47; Anderson 48; heldon Vandenberg 57 ; Sayers 60 .
East Mills girls fell to Sidney 239-215.
Avery Dowling of Sidney carded a 43 for medalist honors while Burdic of East Mills earned unner-up honors with 54.
Other EM scores: Palmer 58; Lang 59; VanArsdel 68.
East Mills boys fell to Fremont-Mills on Thursday, April 27, 176-186
with 40, and East Mills' Williams earned honor up honors with 44
Other EM scores:
Cooper Hagen 52; Sayers 58.
Essex-Stanton
Essex-Stanton girls competed in a quad in Shenandoah on Tuesday, April 25, falling to Shenandoah 212, Glenwood 231, and Hamburg
Has they finished with 251.
Hailee Barrett from Hamburg finished as medShist with 48, followed by Amelia Mattes of
Essex-Stanton scores: Leah Sandin 60; Riley Burke 60 Olivia Baker 61; Brianne Johnson 70; Addy Resh 72; Marisa Kirchert 84.

## Griswold

Griswold boys fell to Underwood by just 10 strokes on Tuesday, April 25, at Quail Run, 188

hurdlers in the shuttle hurdle relay who have broken the record and reset it three times this season for the Timberwolves. (Charm Carpenter/The Red Oak Express)


Southwest Valley's Rebecca Wetzel. (Bryan
Gi.
Griswold's Brownlee earned medalist honors up honors with a 40 .
Other Griswold scores: Nelson 54; Auden Wilson 55 .
On the girls side, Underwood finished with 202 or the win, as Griswold did not field a complete team.
Griswold's Reynolds shot the low score of 43 to earn medalist honors. Mary Stephens of Underwood took runner-up honors with 44
Other Griswold scores: Keiser 53.
The Tigers traveled to Audubon on Thursday, April 27. Neither girls team fielded a full team,
but Griswold's Reynolds earned medalist honors, carding a 44. Teammate Keiser carded 48 .
Audubon boys took all the hardware as the Wheelers defeated Griswold 171-192, with both medalists hailing from Audubon and both carding

Griswold scores: Brownlee 44; Hook 44; Nelson 51;
Wilson 54.
Southwest Valley
Southwest Valley boys traveled to Osceola to take on Clarke and I-35, falling in the triangular. larke 188 and SWV 220 . win, h 188 and SWV 220
No further stats were available.
SWV girls defeated Mt. Ayr on Tuesday, April
Maggie Haer claimed medalist honors for the Timberwolves with 49 . Mallory Wheeler of Mt.
Other SWV scores: Rebecca Wetzel 53; Miaya Fourez 53; Sidney Crill 54 ; Gracelyn Bain 57.


Griswold's Joey Reynolds. (Jennifer Reynolds)

| Cable Companies |  |  |  |  | THURSDAY EVENING MAY 4, 2023 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C D |  |  |  |  | 7 PM -7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
|  | 3 | 3 |  |  | Sheldon (N) Ghosts (N) | So Help Me Todd "86'd" (N) |  | CSI: Vegas (N) |  | - 3 3 News Now | (:35) Colbert iCRIME (N) |
|  | 4 | 4 |  | KPTM |  | Animal (SF) $\operatorname{Kat}$ ( N ) (SF) |  | News at Nine (N) (L |  |  |  |
|  | 6 | 6 |  | WT | Law "Class Retreat" (N) | Law-SVU "Debatable" (N) |  | Law \& Order (N) |  | WOWT 6 ( ${ }^{\text {( }}$ | ${ }^{35)}$ J. Fallo |
|  | 7 | 7 |  |  | Station 19 (N) | Grey's Anatomy ( N ) |  | 20120 (N) |  | News (N) |  |
|  |  |  |  | KCCl | Sheldon (N) Ghosts (N) | So Help Me Todd "86d" (N) |  | Csi: Vegas |  | News (1) | ${ }^{35} \mathrm{Col}$ |
|  |  | 15 |  |  | Fear Fctr. "Favorite Winers |  |  | Fear Factor |  | Dumbest | Dumbes |
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|  |  |  |  |  | Next Level Chef ( N ) | Animal (SF) \| Kat ( N $^{\text {( SF }}$ |  |  |  | National ( N$)$ \}  National (  \mathrm { N } |  |
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|  |  |  |  | ION | Chicago P.D. $\quad$ Chicago "Tun the L |  |  | Chicago P.D. "8:30 PM |  | Chicago P.D. "My Way" |  |
|  |  |  |  |  | (4:00) Public Aftairs Events |  |  |  |  |  |  |
|  |  |  | 5 | WO15 | Station 19 (N) | Grey's Anatomy |  | 120120 (N) |  | 5 News |  |
|  |  | 12 | 24 | ESPN |  | NBA Basketall Los A |  | LakC 288 Countdown |  | rs (N) (Live) | Sportsc. |
|  | 28 | 13 |  | ESPN2 | $\frac{\text { World Chase Tag } 6 \text { ( } \mathrm{N})}{(6: 30)}$ |  |  | Sports Center (N) (Live) |  |  |
| 36 |  |  | 26 | FX |  | (6:30) \%**** Deadpool 2 (18) Josh Brolin, Ryan Reynolds. |  |  |  | Patient (N) Patient (N) |  | :05] \#***1, Robot (04) |  |
|  |  |  |  |  | ***The Day Atter Tomorrow (out) Jake Gyllenhaal, lan Holm, Dennis Quaid. |  |  |  |  | * The Day Atter Tomor |  |
|  | 40 | 36 | 28 | LIFE |  |  |  |  |  | ${ }^{\text {2 }}$ (0.0) Castle |  |
|  |  |  |  | FREE | (6:3) \% Prom Pact (23) Peyton Elizabeth Lee. (P) Good Trouble ( N ) |  |  |  |  | The 700 Club (N) |  |
| 18 | 13 | 11 | 30 |  | (:15) *** The Lost World: Jurassic Park (97) Julianne Moore, Jeff Goldblum. |  |  |  |  | (15) | assic Pa |
|  |  | 8 |  | TBS | (6:00) \% \% 杖 Star Wars: Return of the Jedi ( 83 ) |  |  | Sheldon Sheldon |  | Sheldon Sheldo |  |
|  |  |  | 32 |  | (6:30) NHL Hockey Second Round: Teams TBA (N) (L) |  |  | NHL Hockey Second Round: Teams TBA (N) (Live) |  |  |  |
|  | 25 | 22 | 33 | AMC | **** Bad Teacher (11) Cameron Diaz. (P) |  |  | [1:15)*** The Gentlemen (20 |  | 20) Mathew McConaughe |  |
|  |  |  |  |  |  |  |  | Kendra Sells Hollywood (N) |  |  |  |  |
|  | 24 | 30 | 36 | HIST |  |  |  | (:05) Swamp People |  |  |  |
|  | 15 | 26 |  | A\&E | Swamp "The Dead Zone" | Critical Minutes |  |  |  | ${ }^{055}$ (05) Swamp People |  |
|  | 18 |  | 38 | DISC | BattleBots ( N ) |  |  | City Confidential (N) |  | Rober ( N ) | Mark ( ${ }^{\text {) }}$ |
| 35 | 31 | 31 |  | TLC | Dr. Pimple "Cyster, Cyster" | Dr. Pimple Popper (N) |  | Hoarding: Buried Alive |  | Hoarding: Buried Alive |  |
|  | 39 | 27 | 40 | AP | Catch "Judgement Day" | Catch "Fist to the Face" |  | ${ }_{\text {Criends }}$ Ciach Goodye Jake |  | Deadliest Catch |  |
|  | 26 | 23 | 41 | NICK | Spongesob | Friends Friends <br> Bunk'd Bunk'd |  |  |  | ${ }^{\text {Friends }}$ | Friends |
|  | 21 | 24 | 43 | DISN |  |  |  |  |  |  |  |
|  | 16 | 20 | 45 | CNN |  |  |  |  |  | $\begin{array}{\|l\|} \hline \text { CNN Tonight } \\ \hline \text { Gold Girls } \\ \hline \end{array}$ | (N) (Live) |
|  | 34 | 35 |  | aLL | Cooper 360 (N) (Live) CNN Primetime (N) (Live) *: Hearts in the Game ('23) Marco Grazzini, Erin Cahill. |  |  |  |  |  |  |
|  |  | 21 | 72 |  | (6:35) \%*R Robin Hood (18) Jamie Foxx, Taron Egerton. |  |  | Gold Girls Gold Girls Gold Girls Gold Girls(:05) ${ }^{\text {K }}$ Bleeding Steel ('17) Jackie Chan. (P) |  |  |  |
|  | 36 |  | 73 | TVL | Raymond RayBrat Loves Judy | Raymond Raymond <br> Brat Loves Judy (N)  |  | Raymond Raymond Brat Loves Judy |  | (:05) King $\mid(: 40)$ King <br> Love After Lockup |  |
|  |  |  |  | WE |  |  |  |  |  |  |  |  |


| Cable Companies |  |  |  |  | FRIDAY EVENING MAY 5, 2023 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | B | C | D |  | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
|  | 4 | 3 |  | , |  |  |  |  | Blue Bloods "Fire Drill" (N) |  | 3 News N | 5) |
|  |  | 4 | 4 | KPTM |  |  |  |  | News at Nine (N) (Live) |  | iCRIIIE (N) | CRIME |
|  | 6 | 6 | 6 | NowT | That's My Jam |  | $\frac{\text { Dateline NBC }}{20 / 20}$ |  |  |  | WOWT 6 ( $)^{\text {a }}$ | ${ }^{35}$ ) J. Fallon |
|  | 7 | 7 |  |  | Shark Tank (N) |  |  |  |  |  | News (N) | ${ }^{35}$ ) J. K |
| 8 |  |  | 8 | KCCI 8 | .W.A.T. (N) |  | Fire Country (N) |  | Slue Bloods "Fire Drill |  | News (1) | ${ }^{55}$ Colbert |
|  | 5 | 15 | 9 | XVO (15) |  |  | Unscripted Market |  | Hour (N) (P) The Articulate |  |  |  |
| 10 | 11 | 10 | 11 | IPTV | Wash (N) lowa Press Market The Artic |  |  |  |  |  | Hour (N) | My Music |
|  |  |  | 12 | DSM 17 |  |  |  |  | 13 News at 9 (N) (Live) |  | Hawkeyed | National (1) |
|  | 9 | 9 | 16 | NWSN | Cuomo (N) <br> Hawaii Five-0 "Ua'aihue" |  | Dan Abrams Live (N) Live) |  | Banield ( ${ }^{\text {( }}$ ) |  | Cuomo |  |
|  |  |  | 19 | ION |  |  | Hawai Five-0 | "Poina 'ole" | Hawail Five-0 "La Potino |  | Hawaii Fil |  |
|  |  | 28 |  | PAN | After Words |  | Public Aftairs Events$20 / 20$ |  |  |  |  |  |
| 25 |  |  | 5 | WO15 | (6:30) Basketball Boston Celtics at Philadelphia 76ers (N) |  |  |  |  |  |
|  | 2 | 12 | 24 | ESPN |  |  |  |  | Basketball Denver Nuggets at Phoenix Suns (N) (Live) |  |  |  |
|  | 28 | 13 | 25 | ESPN2 |  |  |  |  | NBA Basketball |  |  |  |
| 36 |  |  | 26 | FX |  |  |  |  |  |  |  | Dear M |
|  |  | 36 |  | PARMT |  |  |  |  | hael Douglas. \|Fatal Attraction "Piot" (N) |  |  | 35) Fa |
|  | 40 |  | 28 | LIFE | *** Sleeping With the Enemy (99) Julia Roberts. |  |  |  |  |  |  |  |
| 20 |  |  | 29 | FREE | Family Guy 9-1-1 "Future | W With the EneFamilTensecuy |  |  |  |  | Family Guy | Family Guy |
| 18 | 1311 |  | 30 | USA |  |  | 9-1-1 |  |  |  |  |  | $\text { g-1-1" } " \text { Binds }$ |  | 9-1-1 " "Suspicion" |  |
|  | 8 |  | 31 | TBS |  |  |  | NHL Hockey Second Round: Teams TBA |  |  | A Star W | Story |
| 14 |  |  | 32 | AMC | (1*:00) Whl Hockey |  |  |  |  |  |  |  |
|  |  |  | 33 |  | (6:00)**** Pitch Perfect ( 412 |  |  | \#*** Pitch Perfect 2 ( 15 ) Rebel Wilson, Anna Kendrick. (P) |  |  |  |  |
| 29 <br> 32 <br> 2 |  |  | 34 | TV | Dream Home Dream Home |  |  | Dream Home | (:05) The UnXplained |  | DreamHome DreamF |  |
|  |  | 24 | 36 | HIST |  |  | The UnXplained (N) |  |  |  | ${ }^{\text {0.5) The UnX }}$ P | Plaine |
|  |  | 30 <br> 26 | 37 | A ${ }^{\text {E E }}$ | The UnXplainedThe First 48 |  | The First 48 "Ringside Seat" |  | First 48 "Thick as Thieves" |  | (0.05) First 48 "Dead Wr |  |
| 18 |  |  | 38 | DISC | The First 48 |  | Parker's Trail |  | (:10) Gold Rush WW (N) |  | (:15) Gold Rush |  |
|  | 18 | 39 |  | TLC | 90 Day Fiance: The Other Way ( N ) |  |  |  | 90 Day (N) <br> Was Prey |  | Two Dads" | 190 Day |
|  | 39 | 27 | 40 | A/P | IWas Prey |  | IWas Prey "Close to Home" |  |  |  | IWas Prey |  |
| 3 |  | 23 |  | 41 | NICK | $(6: 00)$ ) $+\star \star \star$ Despicable Me |  | riends | Friend | riends | Frien | friends | rien |
|  |  |  |  | 43 | dsi | Secrets (N) SaturdaysCooper 360 ( $)^{\text {LLive }}$ ) |  | SaturdayCooper 360 ( | Big City |  |  | SecretsCNN Tonight | Saturdays |
| 21 | 16 | 20 | 45 | CN | Cooper 360 (N) LLive) Cooper 360 (N) (Live) |  |  |  | (N) LLive) |  |  |  |
| 37 | 34 | 35 | 65 | HALL |  |  |  |  |  |  |  |  |  | Ride "Your Cheatin' Heart" |  | CNN Tonight ( Gold Girls |
|  |  | 21 | 7 | SYFY | (6:0) \%Te Grat Wall (P) |  |  |  |  | 966 Bill Pulman, Jeff Goolblum, |  | Will Smith. |  |
|  |  | 36 | 73 | TVL |  |  |  |  |  | Raymond |  | l:(40) King |
|  |  |  | 74 | WE | Mama June | A-Elliott | Mama June (N) (SP) |  | Mama June |  | Mama June |  |
|  |  |  |  |  |  |  | B-Stanton |  | C-Em | D-Red Oak, Villisca, Glenwood |  | enwood |  |


| Cable Companis |  |  |  |  | SATURDAY EVENING MAY 6, 2023 |  |  |  |  | 10 PM | 10:30 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | B | C | D |  | 7 PM 7:30 | 8 PM | 8:30 | 9 PM | 9:30 |  |  |
|  |  | 3 |  |  | NCIS "Evil Eye" | 188 Hours |  | 48 Hours |  | 3 News Now Live at 10 (N) |  |
| 4 | 4 | 4 | 4 | KPTM (42) (6:00) MLB Baseball ( ) $^{\text {(Live }}$ ) |  |  |  | Access Hollywood |  | Farmer "Meet the Families" |  |
| 6 |  | 6 |  | (6:30) USFL Football Memphis Showboats vs. Michigan Panthers (N) (Live) |  |  |  |  |  | News | The Rookie |
|  |  | 7 |  |  | NBA (N) NBA Basketball Golden State Warriors at Los Angngeles Lakers (N) Live) |  |  |  |  | News (N) |  |
| 8 |  |  |  | KCCI | NCIS "Evil Eye" | Fear Factor "Counles" |  |  |  | Numbest | Matter (N) Dumbest |
|  |  |  |  | kxvo | Fear Factor "Couples" |  |  | Fear Factor "Coupl |  |  |  |
| 10 | 11 | 10 | 11 | IPTV | Time/By Keep-Appear | Sister Bonitace Mysteri |  | Hope Street |  | Traces |  |
|  |  |  |  |  | 0) MLB Baseball ( () (Live) |  |  | News (N) |  | Farmer "N |  |
|  |  | 9 | 16 | NWSN | NewsNation (N) LLive) | NewsNation (N) LLiv |  |  |  | NewsNation Prime |  |
|  |  |  |  |  | Law \& Order: SVU "Plastic" Law-SVU "Dear Ben |  |  | lewssation Prin |  |  |  |
|  |  | 28 |  | CSP | (3:0) Coronation of King Charies Ill ( N ) |  |  |  |  | Public Afflairs Events |  |
|  |  |  |  | WOI 5 | NBA (N) NBA Basketball Golden State Warric |  |  | Sportscenter (N) LLive) |  |  | (1:35) (Live) |
|  |  |  |  |  | UFC 288: Stering vs. Cejudo - Prelims (N) (Live) |  |  |  |  |  |  |
|  | 28 | 13 | 25 | SPN2 | (6:00) Baseball Arkansas at Missisisippi State (N) (Live) |  |  | College Sottb | all Washing | at Staniord (N) (Live) |  |
|  |  |  | 26 |  | **** Spider-Man: Homecoming (17) Michael Keaton, Tom Holland. |  |  |  |  |  |  |  |
|  |  |  |  | ARMT | Movie |  |  | n Allen, Harison | Ford | \%. Indiana Jones \& the La |  |
|  |  |  |  | LIFE |  |  |  | \|(:00) \# Soccerer Mom Madam |  |  |  |
|  |  |  |  |  | A Small Light "Piotwetcome to Swizerland" |  |  |  | \#**** | Ferrari (19) Matt Dam |  |
| 18 | 13 | 11 | 30 | USA | (5) ***** Guardians of the Galaxy Vol. 2 (17) Zoe Saldana, Chis Pratt. |  |  |  |  |  | Movie |
|  |  |  |  | TBS |  |  |  |  |  | All Elite Winter is Com |  |
| 23 | 14 | 18 | 32 | TNT |  |  |  |  |  | heack ( 80 ) Chery C Chase. |  |
|  | 25 |  |  | AMC | \% $* *$ M Majo League (899) Charie Sheen, Corbin Beersen, T |  |  | Tom Berenger. \#\#** |  |  |  |  |
|  | 2 | 25 | 34 | A | $\begin{aligned} & \text { Hunters } \text { Hunters } \\ & \text { Aliens "The Giants of Malta" } \\ & \hline \end{aligned}$ | Housee Hunters Reno |  | House Hunters |  | Hunters | Hunters |
|  | 24 | 30 | 36 | HIST |  | Ancient Aliens |  | (0.0) Ancient Alie |  |  |  |
|  | 1 | 26 | 37 | AL | First 48 "Deadly Morning" Naked and Afraid "Twinning" |  |  |  |  |  |  |
| 34 | 18 |  | 38 | SC |  |  |  | Afraid "Threesome" |  | Naked and Afrraid |  |
|  | ${ }^{1}$ | 31 | 39 | TLC | Naked and Afraid "Twinning" |  |  | Walking "Jobining the Herd" |  | You, Me \& My Ex |  |
|  | 39 | 27 | 40 | A/P | My Pack Life | The Bond |  |  |  | Walking "ManFriends | vs. Eleph |
| 30 | 26 | 23 | 41 | NICK | SpongeBob Spong | Friends | Friends | Friends Marvel's M | Friends |  |  |
|  | 21 | 24 | 43 | DISN |  |  |  |  |  | Royal Dynasty |  |
| 21 | 16 | 20 | 45 | CNN |  |  |  |  | CNN Special Program |  |  |  |
|  | 34 | 35 | 65 | HALL | * When Love Springs (23) Rhiannon Fish. (P) |  |  | \% Summer V Villa (46) Victor Websier, Hilarie Burton. |  |  |  |
|  |  | 21 | 72 | S |  |  |  | Liam Hemsworth. |  |  |  | \#** Transtormers: The Last Knight ( ${ }^{(17)}$ |  |  |
|  | 36 |  | 73 | TVL | \% $* *$ Independence Day: Resurgence ( 116 ) |  |  |  |  | $\begin{array}{\|l\|} \hline \hline \text { Two Men }\|T\| \\ \hline \text { NClS "Detour" } \\ \hline \end{array}$ |  |
|  |  |  |  | WE | TCIS "Hit and Run" |  |  |  |  |  |  |  |


| Cable Companies |  |  |  |  | SUNDAY EVENING MAY 7, 2023 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A B C D |  |  |  |  | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
| 3 | 3 | 3 | 3 | $\begin{aligned} & \hline \begin{array}{l} \mathrm{KMTV} \\ \mathrm{KPTM} \end{array} \mathbf{4 2} \end{aligned}$ | Equalizer "Love Hurts" (N) |  | East New York (N) |  | NCIS: Los Angeles (N) |  | 3 News Now |  |
| 4 | 4 | 4 | 4 |  | Simpsons The-Vorth |  | Family Guy House (N) |  | News at Nine (N) (Live) |  | Attkisson \|Natio |  |
| 6 | 6 | 6 | 6 | Nowt | (6:00) Dateline NBC (N) Magnum P.l. |  |  |  | The Blacklist (N) |  | WowT 6 News (N) |  |
|  |  | 7 | 7 | KLC | American Idol "616" (N) (Live) |  |  |  | Company (N) (SF) |  | ch 7 at 10 |  |
| 8 |  |  | 8 | KCCI | Equalizer "Love Hurts" (N) |  | East New York (N) |  | NCIS: Los Angeles (1) |  | KCC18 News at Ten (N) |  |
|  |  | 15 | 9 |  | Call the Midwitie (N) (SF) |  | Fear Factor "Couples" |  | Fear Factor |  | Dumbest Dumbest |  |
| 10 | 11 | 10 | 11 | IPTV |  |  | Marie "Queen of Hears" (1) | Love, Inevitably "Episode |  |
|  |  |  | 12 | DSM | Simpsons | The-North |  |  | Family Guy | House (N) | News (N) \|Attkisson |  | Big Bang Two Men |  |
| 9 | 9 | 9 | 16 | NWSN |  |  | NewsNation (N) (Live) |  | NewsNation Prime |  | NewssNation Prime |  |
|  |  |  | 19 | ION | ${ }^{\text {Newssation ( }) \text { (Live) }}$ |  | NCIS "Spining |  | NCIS "Sister City: Part One" |  | NCIS "Dejia Vu" |  |
|  |  | 28 | 21 | PAN |  |  | Prime Min. ( $(400)$ Pub |  | fatars Events |  | Q\&A |  |
| 25 |  |  | 5 | WOI 5 | American Idol "616" (N) (Live) |  |  |  |  |  | ${ }^{\text {Locala } 5 \text { News at Ten ( }}$ Spors |  |
|  |  | 12 |  |  |  |  |  |  | Company (N) (SF) <br> Sportscenter (N) (Live) |  |  |  |
| 11 | 28 | 13 | 25 | ESP | Boxing Boxing blood |  |  |  | SportsCenter (N) (Live)X Games |  | Skateboardin | g Chicag |
| 36 |  |  | 26 | FX |  |  |  |  |  |  |  |  |
|  | 10 | 16 | 27 | ARM | 2023 MTV Movie \& TV Awards (N) *: Her Affair to Die For ('23) Meghan Carrasquillo. (P) |  |  |  |  |  |  |  |
|  | 40 |  | 28 | LIFE |  |  |  |  | (:05) \% An Amish Sin (22) Kellie Martin, Dylan Ratzaf |  |  |  |
|  |  |  | 29 | FR | (5:40) ** Sweet Home Ala... (:15) \%** The |  |  |  | Ryan Reynolds, Mary Steenburgen, Sandra Bullock. |  |  |  |
| 18 | 13 | 11 | 30 | US | Law \& Order: SVU "Savant" Law \& Order: SVU "Smut |  |  |  |  |  | Law \& Order: SVU "Seers" |  |
|  |  |  | 31 | TBS | (5:30) NHL Hockey NHL Hockey First Round: T |  |  |  | Law \& Order: SVU "Smut" Law \& Order: SVU "Crush" NHL Hockey First Round: Teams TBA (N) (Live) |  |  |  |
| 23 | 14 | 18 | 32 | TNT | (e) |  |  |  |  |  |  |  |
|  | 25 | 22 | 33 | AMC |  |  |  |  |  |  | Lucky Hank |  |
|  |  | 25 | 34 |  | Heme Town Takeover ( (1) |  | Fix My Franken | thouse (N) | Hunters (1) | Hunt | Hunters \|Hunter |  |
| 33 | 24 | 30 | 36 | HIST | Home Town Takeover (N)Built |  | Built America |  | (:05) Built America |  | 05) Built Ameli |  |
|  |  | 26 | 37 | Aȧ | Naked and Afraid "Making Enemies Fast" (N) (P) |  |  |  |  |  | (005) WWE's Most Wanted |  |
| 34 | 18 |  | 38 | DISC |  |  |  |  | (:05) Arraid "Primal Fear" |  |  |
| 35 | 31 | 31 | 39 | TLC | 90 Day "Never Say I Regret, Always Say I Learned" |  |  |  |  |  | Louisiana Law "Blind Rage" |  | 90 Day Fiancé |  |
|  | 39 | 27 | 40 | A/P |  |  |  |  | Lone Star "Hunting Hun |  |  |  |
| 30 | 26 | 23 | 41 | NICK |  |  |  |  | friends | Friends | Friends | Friends |
|  | 21 | 24 | 43 | DISN | Raven ( N ) Saturdays Bunk'd ( N ) Big City |  |  |  | Big City | Big City |  | The Villains |
| 21 | 16 | 20 | 45 | CNN | The Whole Story with (N) CNN Special Program |  |  |  |  |  |  |  |
|  | 34 |  | 65 | AALL |  |  |  |  | Gir |  | The Whole Sory with |  |
|  |  | 21 | 72 | SYFY | (5;4) *** Transformers: The Last Knight ( 17 ) |  |  |  | **** Salt (10) Liev Schreiber, Angelina Jolie Pitt. |  |  |  |
|  | 36 |  | 73 |  | 2023 MTV Movie \& TV Awards |  |  |  | Two Men |  |  |  |
|  |  |  | 74 | WE | Law "Soldie of fortune" |  | Law \& Order "Possession" |  | Law "Formerly Famous" |  | Law "Wyyt of Fingerpriniss" |  |



| Cable Companies |  |  |  |  | TUESDAY EVENING MAY 9, 2023 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | B | C | D |  | 7 PM 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
|  | 3 | 3 | 3 |  |  | FBi: International ( N ) |  | FBl: Most Wanted (N) |  | 3 News Now | Col |
| 4 | 4 | 4 | 4 | KPTM | 9-1-1: L Lone Star (N) | Accused ( ${ }^{\text {( ) (SF) }}$ |  | News at Nine (N) (Live) |  | iCRRIME (N) | iCRIME |
| 6 | 6 | 6 | 6 | Wowt | Night (SF) Lopez v | The Wall "John and Toni" (N) |  | Weakest Link (N) |  | WOWT 6 (N) | ${ }^{\text {35) }}$ J. F Fallo |
| 7 | 7 | 7 | 7 | KETV |  | Judge (N) (SP) |  | Celebrity Family Feud |  | News (N) | (:35) J. Kim |
|  |  |  | 8 | KCCI | Jeopardy! Masters (N) | FBl: International |  | FBB: Most Wanted (N) |  | News (N) | $5) \mathrm{Co}$ |
| 15 | 5 | 15 | 9 | Kxvo 15 | Fear Fctr. "Fire Fear F | Fear Factor |  | Fear Factor |  | Dum |  |
|  | 11 | 10 |  |  | Finding Your Roots | Frontiline ( ${ }_{\text {( }}$ |  | POV |  |  |  |
|  |  |  | 12 | KDSM | 9-1-1: Lone Star (N) | Accused (N) |  | News at 9 (N) LLive) |  | atio |  |
| 9 | 9 | 9 | 16 | NWSN | Cuomo (N) | Dan Abrams Live (N) (Liv |  | News at 9 (N) (Live) |  | Cuomo |  |
|  |  |  |  | ION | Chicago Fire "Chopper" (3:30) U.S. House (N) (Live) | Chi. Fire "Arrest in Transit Public Affairs Events |  |  |  | Chicago Fire "Let Him |  |
|  |  | 28 |  | CSPAN |  |  |  | Chicago Fire "Santa Bites" |  | News |  |
|  |  |  | 5 | WO1 5 | Jeopardy! Masters ( ${ }^{\text {N }}$ )NHL Hockey Second Round: | Judge (N) (SP) Teams TBA (N) (Li |  | amily Fe |  |  |  |
| 12 | 2 |  | 24 | ESPN |  |  |  | NHL Hoc |  |  |  |
|  | 28 | 13 | 25 | SPN | (5:00) College Baseball ESPN Films |  |  |  |  | SportsCenter |  |
| 36 |  |  | 26 | FX |  |  |  | Suly |  | Hart, Tom Hanks. |  |
|  | 10 |  |  | PARMT | nite House Down (13 |  |  | aal, Channing Tatum. |  | \#, $\boldsymbol{*}$ * The Fug |  |
|  |  |  | 28 | LIFE |  |  |  | (005) Castle |  | (:05) Castle "Th |  |
| 29 | 20 | 19 | 29 | FREE |  |  |  | How IMet How IMet |  | The 700 Club |  |
| 18 |  |  | 30 | USA |  |  |  | (:10) \%**** Enemy of the State (98) Will Smith. |  |  |  |
|  | 8 | 8 | 31 | TBS |  |  |  |  |  | Sheldon | Shel |
| 23 | 14 | 18 | 32 | TNT | (6:00) Baseball Bosto Red Sox at Alanta Braves (N) (Live) |  |  | MLB Close Shetbeldon |  | ams TBA (N) (Live) |  |
|  |  | 22 |  | AMC | \#* $\star \star \star$ Gran Torino (08) Christopher Carley, Bee Vang, Cl <br> Renovation 911 <br> Renovat "Episode 7" (N) |  |  | int Eastwood. |  | of Our Fathers |  |
|  | 29 | 25 | 34 | HGTV |  |  |  | Hunters (N) Hunt l (1) |  | Hunters | \|Hunters $\operatorname{lnt1}$ |
|  | 24 | 30 | 36 | ASt | Oak lsland "The litian Job" | The Curse of oak lsland (N) |  | (05) Skinwalker Ranch |  | (0.05) Curse of Oak isiand |  |
|  | 15 | 26 |  | AlE | Neighbor. Neighbor | Neighbor. (N)/Neighbor. (N) |  | Road Wars Road W |  | 05) Neighbor. | [1:35) Neighbor. |
|  | 18 |  | 38 | disc | Deadliest Catch (N) | Deadliest Catch |  | Deadliest Catch |  | Catch Being Sea Triangler |  |
|  | 31 | 31 | 39 | TLC | 7 Little Johnstons ( ${ }^{\text {() }}$ | 7 Little Johnstons (N) |  | Return to Amish ( N ) |  |  |  |
|  | 39 | 27 | 40 | A/P | Yellowstone Wardens | Wardens "A Hunter's Lie" |  | Yellowstone Wardens |  | You, Me \& My Ex |  |
| 30 | 26 | 23 | 41 | NICK | (6:00) \% The Croods: A N... | (:15) SpongeB. <br> 15) | Friends | $\begin{array}{\|l\|l\|} \hline \text { Friends } \\ \hline \text { Big City } \end{array}$ | Friends | Friends | Friends |
| 31 | 21 | 24 | 43 | DISN | ***** The Peanuts Movie (15) Marvel's Mo |  |  |  | Hamster \& | Marve's Mo |  |
|  | 16 | 20 | 45 | CNN | Cooper 360 (N) (Live) CNN Primetime (N) Live) |  |  | $\begin{array}{\|l\|l}  \\ \hline \text { CNN Tonight } \\ \text { Gold Girls } \\ \hline \end{array}$ |  |  |  |
|  | 34 | 35 | 65 | LL | * The Wedding Cotage (23 |  | 3) Erin Krakow. |  | (Sold Girls | CNN Tonight Gold Girls | (N) (Live) Gold Girls |
|  |  | 21 | 72 | SYFY | - | (:55)*** The Lost World Jurassic Park ( ${ }^{\text {(9) }}$ |  |  | Julianne Moore, Jeff Gooldbum. |  |  |
|  |  |  |  | TVL | Raymond Raymond |  |  |  | ${ }_{\text {Raymond }}^{\text {Law \& Order }}$ (Paytroion |  | $\begin{array}{\|l\|l\|} \hline 19 & \text { King } \\ N " A m e r i c a n ~ J i h a d " ~ \end{array}$ |  |
|  |  |  |  | WE |  | Law \& Order "0xymor |  |  |  |  |  |
|  |  |  |  |  | A-Elliott | B-Stanton | C-Emers |  |  |  |  |  |

##  <br> -ACORN <br> acres 量 <br> NOW TAKING APPLICATIONS <br> Red Oak's Elderly Housing

One bedroom apartments
${ }^{*}$ Utilities included ${ }^{*}$ Garbage pick-up
*Appliances furnished ${ }^{*}$ Mail delivered to the door
${ }^{\star}$ Community room for tenants’ family use ${ }^{\star}$ Laundry facilities on-site

CROSSWORD - ANSWER ON PAGE

13. Not behind
14. Runners run them
15. Japanese ankle sock
16. Grave
17. Japanese industrial
city.
18. People of southern
Ghana
19. Particular designs
21. Device fitted to some-
thing
22. Infections
23. Pirates' preferred alco-
hol
24. Expression of sympa-
thy
25. Rock guitarist's tool
28. Neither
29. Ancient city of Egypt
31. You - what you sow
33. Ruined
36. Narrations
38. Body art (slang)
39. Fencing sword
41. Apartment buildings
44. Type of missile
45. Fathers
46. Extremely high fre-
quency
48. Type of school
49. Incorrect letters
51. Two-year-old sheep
52. Nasty manner
54. One who accepts a bet
56. Indian prince
60. Asian country
61. Rhythmic patterns in
Indian music
62. "Uncle Buck" actress
Hoffmann
63. Detailed criteria
64. Son of Shem
65. Talked wildly
66. Discount
67. Not good
68. Growing out
CLUES DOWN

1. Actor Damon
2. A call used to greet
someone
3. Part-time employee

| 4. Emaciation | 32. Action of feeling sor- |
| :--- | :--- |
| 5. "Westworld" actor Har- | row |
| ris | 34. Disallow |
| 6. Gains possession of | 35. Deceptive movement |
| 7. Relaxing spaces | 37. More dried-up |
| 8. 23rd star in a constella- | 40. Crimson |
| tion | 42. Actress Ryan |
| 9. Northern grouse | 43. Adherents of a main |
| 10. Monetary unit of Ban- | branch of Islam |
| gladesh | 47. Accomplished Ameri- |
| 11. Manila hemp | can president |
| 12. Unites muscle to bone | 49. Side of a landform fac- |
| 14. Makes deep cuts in | ing an advancing glacier |
| 17. 18-year period be- | 50. Sheep breed |
| tween eclipses | 52. Appetizer |
| 20. Member of a people | 53. Broadway actress Dai- |
| inhabiting southern Benin | sy |
| 21. Synthetic rubbers | 55. Influential film critic |
| 23. Unwelcome rodent | 56. NY Giants ownership |
| 25. Expression of creative | family |
| skill | 57. Type of script |
| 26. Some is red | 58. Assist |
| 27. Seems less in impres- | 59. London park |
| sive | 61. Bar bill |
| 29. Harry Kane's team | 65. In reply indicator |
| 30. Gland secretion |  |

## DO YOU REMEMBER WHEN...?

RO Weather
Monday, April 24: High 54, Low 29
Precip: None Tuesday, April 25: High 69, Low 38
Precip: None Precip: None
Wednesday, April 26: High 64, Low 39
Precip: None Thursday, April 27: High 66, Low 41 Precip: None
Friday, April 28 : Friday, April 28:
High 69, Low 41 High ip, Low
Precip: None Saturday, April 29 High 62, Low 37 Sunday, April 30: Sunday, April 30:
High 70, Low 40, Precip: None Weekly Total Precipitation: None

Archived from 2018, 2013, 1998, and 1973 editions of The Red Oak Express

| 5 Years Ago | 10 Years Ago | 25 Years Ago | 50 Years Ago |
| :---: | :---: | :---: | :---: |
| d | In the coming months, a whole dif- | Red Oak Express sports editor Vern |  |
| Middle School was honored for | ferent kind of shot was to be supplied | Olson, who had been with the Express | gasoline shortages would have on gas |
| exemplary volunteer service with a | at 406 N. 3rd St. in Red Oak. What | 1983, announced his retirement | stations around the Red Oak community. Some however, were beginning to feel |
| recognized Americans of all ages | Southwest Iowa Free Medical Clinic |  | the pinch as supplies became tighter, |
| t voluntered significant amounts | volunteer-operated clinic that was | both the print and broadcast mediums. |  |
| ir time to serve their communities. | dream of First Baptist Church Rev. Len | He started as a general assignment and | ers in the city. The seriousness of the |
| e award was granted by the Prudential | Taylor. The idea for the clinic came to | sports reporter in January 1983 before | n. |
| Spirit of Community awards program. | mind in the fall of 2011 when an unin- | being named sports editor in March of | Half of the stations said their supply was |
| LeRette was specifically recognized for | sured member of his congregation was |  | on allotment, limited to a percentage of |
| ribution to Christ's Cupb |  | R |  |
| od Pantry. Over the past two years, | when a routine exam would likely ha | Kara Paul was one of 12 girls cagers chosen by the Iowa Basketball Coaches | the year prior. <br> The Red Oak Tiger high school golf |
| stand. | Red Oak High School student Kelsey | Association to the junior select team for | team remained undefeated in golf dual |
| The Red |  |  | competition after a 158-193 victory over |
| sted Clarinda 7-2. Sophie Walker, | school driving every day | a two time all-state, | Farragut. John Anderson scored a 1 over |
| aley Plambeck, Syd Streicher, Perla | Bluffs to attend swim practice, which | all-Hawkeye 10 conference c | Ba |
| ee Philby |  | hree bedroom home in the 700 | Bake Shop in Red Oak was |
| les wins. Walker and Herna | the | block of East Valley | offering six apple twists or cinnamon |
| 1 wins in doubles. | team next season. | $\$ 45$ |  |

## RED OAK SOCCER



## Summer golf

## Special to The Express

The 2023 Red Oak Junior golf program, sponsored by Healthy Turf, R\&B Golf, and the Red Oak Country Club will be free this summer. Practice days will be on Thursdays from 4 p.m. to 5 p.m. beginning May 18 . This program will cover rules and etiquette, putting and chipping, iron
and wood play. Thursdays included in the program are: May 18, May 25, June 1, June 8, June 15, and June 22.
For more information contact Bob Boeye at 712-370-2351 or email: rboeye @ mchsi.com.
Another golf opportunity available this summer is the R\&B Golf's adult golf clinics.
These clinics will be held on Thursday evenings from 6 p.m.- 7 p.m.
beginning May 18. The clinics run beginning May 18. The clinics run on each Thursday through June 29 .
Areas covered include putting and chipping, iron and wood play, and course management and rules. The clinics are available for
The clinics are available for $\$ 10$ per session. For more infor

## Tennis post season

## Special to The Express

The Iowa High School Athletic Association has released the postseason assignments for tennis. Individual districts will take place on Monday, May 8 , with the first and second round of team substate action occurring on Red Oak will host the following Class 1A teams: Clarinda, Creston, Glenwood, Red Oak, Shenandoah, and Southwest Valley.

## BOARD OF SUPERVISORS

MONTGOMERY COUNTY SUPERVISOR'S MINUTES
Tuesday, April 18,2023
 The meeting was called. to order by Chair Mike Olson. There was a roll call of members with Supervisors Randy Cooper,
Mike Olson, Donna Robinson, Mark Peterson, and Charla Schmid present. Mike Olson, Donna Robinson, Mark Peterson, and Charla Schmid present: Yes: Schmid, Peterson, Olson, Cooper, and
Motion by Peterson to approve the agenda, second by Cooper. Roll call: Robisson. No: None. Motion carried.
$\qquad$
Under Secondary Roads update, Karen Albert was present and updated the Board about the damage to the hoop
buiding and frame that houses the satt on 2466 Hwy 48 from the windstorm on Friday, April 14,2023 and advised building and frame that houses the salt on 2246
Jericho will not be performing dust control services.
Motion
Motion by Schmid, second by Cooper to approve mileage reimbursement in the amount of 605 cents effective 4-18-
2023 Roll call: Yes: Cooper Robinson, Olson, Petersong and Schmid No inn
2023 Ron call: Yes: Cooper, Robinson, , Ison, Peterson, and Schmid. No: None. Motion Carried. $\$ \$ 5,161.34$ for the
Motion by Robinson, second by Schmid to approve the Sherift's report of fees in the amount of $\$$,
Motion by Robinson, second boll
month of March. Roll call: Yes: Peterson, OIson, Robinson, Cooper, and Schmid. No: None. Motion carried.
Motion Motion by Peterson, second by Cooper to approve Resolution 23-11. Montgomery County Opioid Settlement Assign
ment Memorandum of Understanding to Zion Recovery Services Inc.
WHEREAS Montgomery County wishes to assign Opioid settlement funds to Zion Recovery Services, Inc., and
WHEREAS Zion Recovery Services, Inc., agrees to receive Opioid settlement funds, and
WHEREAS Zion Recovery Services, Inc., agrees to receive Opioid settlement funds, and
wHEREAS the spending of Opioid setttement funds, whether by Montgomery County or any entity to which Montgomer County assigs said funds, is sonditioned upon such spending being sued and accounted for in a specififed fashion,
NOW, THEREFRE BE IT RESOLVED that Montgomery County agrees to adopt the attached Memorandum of Under-
 Oison asked for Motion by Robinson, second by Peterson to close the public hearing at 5 :49. Roll call: Yes: Peterson, OIson, Robinson, Cooper, and Schmid. No: None. Motion carried.
Motion by Robinson, second by Peterson to approve Resolution 23-13 for the adoption of Budget and Certification of Taxes for the Fiscal Year begining July 1, 2023 and ending June 30,2024 per II Code $331.434(5)$.
WHEREAS, IA Code $331.434(5)$ requires that after a budget hearing, the Montgomery County Board of Supervisors Shall adopt by resolution a budget and certificate of taxes, and;
WHRERA, the Montgomery County board of Supervisors has met the budget publication requirements in IA Code
$331.434(3)$ ' through publication in the Red Oak Express on $4 / 04 / 2023$ and the Villisca Review/Stanton Viking on 4/06/2023, and; Montgomery County Board of Supervisors has met the budget hearing requirements in IA Code
WHREAS, the Me
331.434(3) and $331.434(4)$ through the public hearing held on $4 / 18 / 2023$ at $5: 45$ p.m.;
 hereby adopts by resolution the attache
July 1 , 2023 and ending June 30 , 2024 .
Roll call: Yes:

Roll call: Yes: Cooperer, Schmid, Olson, Robinson, and Peterson. No: None. Motion carried.
2023. WHEREAS, the Montomery Country Con WHEREAS, the Montgomery County Compensation Board meets annually to recommend a compensation schedule for
elected officials for the fiscal year immediately following, in accordance with Iowa Code Chapters 331.905 and 331.907 ,
and
WHEREAS, the Montgomery County Compensation Board met on December 7, 2022, and made the following salary


ESSEX SCHOOLS


## CITY OF RED OAK

$\qquad$


[^0]
 $\qquad$

| VISUAL EDGE IT, INC. (DBA MIDWEST |  |  |
| :---: | :---: | :---: |
| Checking 01 Fund: 33 LO |  |  |
|  |  |  |
| CAMBLIN MECHANICAL, INC. COUNTRY TIRE - SHENANDOAH FARNSWORTH GROUP FIREGUARD LLC | hVAC REPAIRS |  |
|  |  |  |
|  | ARCHITECT | 1,547.16 |
|  | PURCHASED | , 444.86 |
|  | Fund | 4,129.23 |
| Checking 01 Fund:36 PPEL FUND |  |  |
| AMACKER INC. | SUPPLIES | 1.00 |
| DECKER INC.DOVEL REFRIGERATION \& APLIANTE |  |  |
| COMPUTER SERVIC | KITCHEN | 9,472.22 |
|  | DISTRIC |  |
| MENARDS - COUNCIL BLUFFS | BLDG TRADES 2021 | 106 |
| RED OAK CHRYSLER, INC. |  |  |
|  | VE |  |
| RED OAK MINI BARNS |  |  |
|  |  | 9 |
|  |  |  |

## PROBATE NOTICE <br> 

ng rathy E. Elarton, deceased, bear admitted to probate in' the above-
named court and Larry D. Elarton was appointed Executor of the estate. Any action to set aside the will must
be brought in the district court of
said county within the later to said county within the later to occur
of four months from the date of the
second publication of this notich or one month from the data of mailiing of
this notice to all heirs of the decedent
and devisees under the will whose and deviseas under the will whose
identities are reasonably asceratan-
able, or thereafter be forever barred.

| MONTGOMERY COUNTY | ing date of February 11, 1988, was |
| :---: | :---: |
| THE MATTER OF THE ESTATE O | admitted to probate in the |
| ROTHY E. ELARTON, | and Larry D. El |
| ceased | E |
| SENO. ESPRO14448 |  |
| OF APPOINTMENT OF | said county within the later to |
| ECUTOR, AND NOTICE TO | of four months from the date |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |



SPECIAL MEETING OF THE RE

Mayor Shawnio idway
Mayor Shawna Silvius called the
special meeting of the Red Oak City
Council to 2023, $5: 30 \mathrm{p} . \mathrm{m}$. in the meeting room
of the Red Oak Fire Station, 1904 Roll Call: Present: Councilpersons
Jeanice Lester, Tim Fridolph, Scott sent: : None
Moved by Councilperson Fridolph,
requested to make immediate pay-
ment to the undersigned, and credi-
tors having claims against the estate
Executor of Estate tors having claim sagainst the estate
shall file them with che clerk of the

## Bruce E. Swanson, IIIII: AToont775 Attorney for Exectut

$\begin{array}{ll}\text { vided by law, duly authenticated, for } & \text { Attorney for Executo } \\ \text { allowance, and ulless os filed by the } & \text { Swanson Law Firm }\end{array}$



## Farm Environmental Award deadline extended

The deadline to nominate individuals or families for the 2023 Iowa Farm Environmental Leader Award has been extended to May 15.

Famers and landowners who invest in conservation practices, such as cover crops, wetlands and edge-of-field practices and incorporate best management practices into their operations to improve and protect the state's natural resources are eligible for the award. Successful nominees must also actively serve as leaders in the agriculture community
cultural groups will review the nominations and select the win
ners. The recipients will be recognized by Gov. Kim Reynolds, Lt. Gov. Adam Gregg, Secretary of Agriculture Mike Naig and Department of Natural Resources Director Kayla Lyon at a Seven hundred thirty-eight farm families have been recog nized since the creation of the award in 2012. The nomination form and a list of previous awardees can be found on the Iowa Department of Agriculture and Land Stewardship's website Nominations for the 2023 awards will now be accepted
through Monday, May 15 .

## Gift ideas for high school graduates

The class of 2023 soon will be donning their caps and gowns and receiving their diplomas. After commencement ceremonies, graduation parties will soon follow. For party guests, that means inding the right gifts for grads.
Some high school graduates will continue their studies at colleges and universities. Others may pursue careers in various trades. Still, some graduates may be ready to enter the workforce right away. No matter the direction, these gifts can treat graduates something special.
Travel accessories
Graduates may want to go on a trip before they take the next step in their lives. Quality travel gear is a worthy investment. San ut the baggage check lines when they dart away to locads near or far. Carry-on bags also fit easily in bus cargo areas or in the trunks of cars. Pair the gifts with standard or digital luggage tags.

Streaming TV device
While it's certainly possible to watch favorite shows or films on mobile devices, viewing is that much clearer on televisions. Rather than graduates having to invest in cable television wherever they go, streaming devices like AppleTV or Roku are portable, which means they can be used at home, in a dorm room or on vacation.

Secured credit card
they reach age 18 ,
graduate high school. Credit cards are one method of establishing solid credit, so it can be beneficial for a teen to have one. But it can be challenging for individuals with no credit histories to get card that requires money deposited with the credit card issuer in order to open the account. This security deposit is held by the issuer as long as the account is open. Often the security deposit is the same as the credit limit. Gift-givers can help establish secured cards for grads by providing the funds for the security deposits. Wireless earbuds or headphones
Upgrade grads' audio with the newest wireless earbuds or
headphones. This way they can take them to to listen to shows or music while sharing the gym or use them to listen to shows or music while sharing spaces with others, Smartphone wallet case
Teenagers are seldom without their phones. A smartphone wallet case enables graduates to stash IDs, credit or debit cards and some cash into specially designed pockets built into the phone cases. This keeps all essentials in one spot.
Framed memorabilia
Whether a graduate was a star athlete or a premier member of the marching band, gift-givers can provide special memories of time spent in school. Frame ticket stubs, sports jerseys, show programs, or other memorabilia that commemorates a graduate's
glory days at their alma mater glory days at their alma mater

March ag prices in Iowa


The average price received by farmers for corn during March 2023 in Iowa was $\$ 6.70$ per bushel according to the latest USDA, National Agricultural Statistics Service - Agricultural Prices report. This was The March 2023 average price received by farmers for soybeans, at $\$ 14.90$ per bushel, was 10 cents below the February price and 10 cents below the March 2022 price.
All hay prices in Iowa averaged $\$ 183$ per ton in March. This was $\$ 10$ above the February price and $\$ 24$ above the March 2022 price. The March 2023 alfalfa hay price, at $\$ 189$, was $\$ 10$ above the previous month and $\$ 24$ above March 2022 . The average price received for other
hay during March was $\$ 162.00$ per ton. This was $\$ 10$ above the February hay during March was $\$ 162.00$ per ton. This was $\$ 10$ above the February
price and $\$ 27$ above March last year.
Tebruary price but $\$ 5.50$ below March 2022. Prices received for milk February price but $\$ 5.50$ below March 2022. Prices received for miik herd replacement averaged $\$ 1,700$ per head as of April cows for dairy herd replacement averaged $\$ 1,700$ per head as of April
1,2023 .

Springtime optimism

## Mike Naig

Spring is an exciting time of year. As the days get longer and warmer, we feel a sense of renewal and revitalization. Our students are anticipating the end of the school year, outdoor activities are in full swing, the smell of freshly mowed grass and backyard grills begin to permeate
annual celebrations
annual celebrations.
For our hardworking farm families, spring is also the start another busy growing season. Whether it's the birth of a new calf or the emergence of the first seedlings popping through the soil, spring brings a feeling of optimism
And each year, our farmers are continually innovating and using the latest technology and practices to be more sustainable and efficient while also increasing productivity. We stand on the strong foundation of the generations who farmed before us, and we also pair that rich heritage with an expectation of constant improvement - better genetics, better tools, better equipment and better practices. And because of our valuable natural resources and our talented farmers and ag professionas , widespread drought Iowa leads the ductive despite three years of widespread drought. Iowa leads the nation in the production of corn, pork, eggs, ethanol and biodiesel.
We also rank very highly in soybeans, beef, dairy, turkey and many more products. We are experiencing heightened interest in specialty crops and increased opportunities in local foods, driven by consumer demand.
Fortunately, growing conditions are looking more promising this
year.
For as far back as Iowa's records go, 2022 was the 25 th driest year on record. However, precipitation for the winter months of December, January and February was more than two inches above normal. Last year at this time, we were entering the third straight year of La Nina for only the third time since 1950. This year, we are in an "El Nino Watch" for the May-July timeframe, which typically means cooler temperatures along with closer to normal or even above-average precipitation. While we still have significant soil
moisture deficits to make up, the above-normal precipitation since the start of 2023 has helped.
But of course, the weather is just one of many possible challenges on the horizon. From high inflation to supply chain disruptions,
there's no shortage of uncertainty involved with providing the food, there's no shortage of uncertainty involved with providing the food, feed, fuel and fiber on which our local communities and global consumers rely.
While farmers have recently enjoyed prices that reflect strong demand, that's only half the story. The costs to grow crops and livestock are also continuing to climb higher. Farming is capital intensive and rising interest rates and sky-high input costs are squeezing margins. Even as fertilizer to batlle supply chain distuptions, the seed, feed, rent, fertilizer, crop protection prod
equipment and many other inputs remain expensive.
Because farmers continue to manage a high level of financi
risk, it's critical that Congress pass a new Farm Bill with important protections like crop insurance. We also need clear and workable definitions of Waters of the United States (WOTUS) so farmers can freely operate using modern farming practices, and water quality and conservation work can continue to accelerate. Washington must also get more engaged in trade and the Biden Administration must start negotiating new and expansive free-trade agreements. At a time when there is so much instability in the world, American agriculture offers our trading partners an abundant, safe, reliable and dependable source of products.

While we cannot predict all the challenges that we will face in the weeks and months ahead, this time of year brings with it a renewed sense of hope and optimism. Because agriculture continues to drifu
the Iowa economy, we should all have reason to hope for a bountiful the lowa eco
year ahead.

## THESE LOCAL <br> BUSINESSES ARE HERE TO TAKE GOOD CARE OF YOU! Call 712/623-2566 to advertise.



All your Tree Care Needs

## the Carpet Store

${ }_{30} 5$ E Reed $S$ treed 0
www.carpetstoreiowa.com
877-53-FLOOR 1000\% wateproofflooring
Financing Avilable



## Affordable Home Improvements

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## DOYLE FLOOR COVERING

Carpet-Viny
Laminate • Luxury Vinyl Tile Sales \& Installation
712-527-0534
R.R. $1 \quad$ Mike \& Jim

Hastings, IA Doyle


Place your ad here for ONLY ${ }^{\$ 3} 0^{00}$ per week
Call 712/623-2566
GEXHEREDOK


| $\begin{aligned} & \text { Tohnston } \\ & \text { Communications } \\ & \text { atellitev, menemet s seurity suvelillance } \end{aligned}$ |  |
| :---: | :---: |
| N | dǐsh |
| nespor | - ALIBI |
| nesNet. | 712-826-4022 Vasst ${ }^{\text {N }}$ |
| 39E 4th St - vilisca, \|A 50864 |  |

## REMINDER GARAGE SALE ADS DEADLINE is 10am THURSDAY!

## DEADLINES:

The Red Oak Express and The Red Oak Express Extender CLASSIFIED LINE AD DEADLINES

10 a.m. Thursday.
RETAIL \& CLASSIFIED DISPLAY
4 pm Wednesday
for the following week's publication.

Email line ads:
circulation@redoakexpress.com Email Display ads:
advertising@redoakexpress.com
Phone: 712-623-2566 Fax: 712-623-2568

| BIG MOVING/TAG SALE |  |
| :---: | :---: |
|  | Jud and Gloria Requis |
|  | $311 \underset{\text { Prospect St. }}{\substack{\text { Ptanton, IA }}}$ |
|  | Friday, May 12, 12-3 Saturday, May 13, 9-4 Sunday, May 14, 12-3 |
|  | iture, Antiques Equipment, Tools, and Patio, Crafts and Much more! |
|  | esales.net or fb: Valley Antique Estate/Tag Sales Sale conducted by Valley Antiques, 1901 N. Broadway, Red Oak, IA |


[^0]:    OF RED OAK ANNUAL
    BUDGET FOR FISCALYEAR JUL
    1,2023 - JUNE $\mathbf{3 0}$, Roll Clall: Ayes: Councilpersons
    Fridolph, Keith

    Nester: None Motion carried.
    Mayor Silvius read and proclaimed
    May 4th
    May 4th sivius read and proclaimed
    Red Oak National Day of Prayer in
    Moved by Councilperson Lester,
    seconded by Bills to approve second reading of Ordinance No TO MIDAM-
    ORDINANE GRANTNG
    SRICAN ENERGY CO
    ERIICAN ENERGY COMPANY, ITS
    SUCCESSORS AND ASSIGNS THE
    RIGHT AND NON-EXCLUSIVE

